

Renaissance Lifestyle

SPRING 2021



Families Can Now Visit In-Person with Residents!

We're pleased to share that we are now accepting appointments for families and friends to visit with their loved ones within our community. You can call (951) 379-0100 to book your appointment. Please note you can find all the guidelines for visiting with your loved one in person on page six of this newsletter!

CORONAVIRUS SAFETY TIPS

- Use alternative forms of communication such as phone calls & video chat services to speak with loved ones.
- Practice physical distancing. Avoid physical contact & maintain 6 feet of distance between yourself & others.
- Avoid touching your face.
- Engage in good handwashing techniques. Wash your hands for at least 20 seconds with soap & hot water.
- Cough or sneeze into a tissue or your elbow.

Executive Director's Corner

Dear Residents, Family, and Friends:

With this new quarter, we also have a couple of new editions to the Renaissance Village Family and some changes in positions. Pamela Gause joined the team as our Community Sales Director. She will be working in conjunction with Saidah Story, our new Community Relations Director. We look forward to seeing the new and innovative marketing methods each brings to the table onsite and offsite.

I'd also like to take the opportunity to thank you for your continued support over the last year. With the vaccinating of residents and staff we're excited for the changes that are already happening. As such, we're excited to share that we've opened up the community for scheduled appointments to visit with your loved ones indoors thanks to updated guidelines, and you can find all the information you need to know on page six. If you have more questions, do not hesitate to reach out!

Did you know that you can get rewarded for referring a friend? We're offering \$1,500 for resident referrals. Stop by concierge for more details.

Stay safe! We're here to help in any way we can!

LaTonya Davis, LVN, Executive Director

Resident Spotlight: Carol B.



Carol and her husband, David.

Carol B. was born in Jamestown, New York, on July 16, 1925. She is the third child of four for her parents. She had two older sisters and has a brother who is ten years younger than her. Carol had a wonderful childhood and shares they had a lot of barbecues living outside the city. She remembers raising chickens and having lots of visitors. Carol had terrific Christian parents and recalls her mother always in the kitchen. She comes from a Swedish family, and they adopted a lot of those principles in their daily lives.

When she graduated from high school, moving onto higher education was more of a boys' option than a girl's. When Carol was in high school, she corresponded with a sailor named David. Her friend's fiancé went off to the Navy, and they put Carol and David in touch after he voiced a desire to have a girl to write to while he was away. They corresponded for over a year and got to know one another before meeting in Baltimore, Maryland, with chaperones. Shortly after, they were married, and she stayed in Baltimore to be close to David and his family.

Carol was one of the war workers in one of the yards that put out airplanes for the war efforts. David worked as a radio operator on the teams that would take the aircraft and check them. Carol also picked up clerical work for several different companies whenever David was away. A year after they married, she went back home to Jamestown because she was pregnant with her first child, Julia. It was nice to be with her

mother because Carol learned so much from her. Carol's mother helped her bathe and care for them.

After David left the service, he came to Jamestown to be with Carol, and they moved into the house right next door to the one she'd grown up in as a child. It was an excellent opportunity because the kids could be within walking distance of their grandparents, and Carol could stay home to take care of them. David and Carol had two other children, David named after his father, was also born in Jamestown, and Ronald, was born after they moved to California.

New York's winters were brutal, and David being from North Carolina, wasn't particularly fond of them. He decided to move the family to California because of the better weather. It was difficult for Carol to move away from her family and everything she knew. However, the weather was excellent, and California was like a whole new world to her. They lived with David's brother until they were able to find a house of their own. Planting an orange tree was the first thing she did after moving into their new home in La Puente. They later moved to a house in Covina, and sometimes she wonders if they should've stayed there because everything was so close that she could walk to it.

David went to air-conditioning and refrigeration school, and he worked for Sears for 33 years. Carol enjoyed caring for the children. They were a handful at times, especially in their teenage years, but she loved being their mother. Her son, Ron, went into the ministry when he was only 16 years old and pursued the road to becoming a pastor. Carol is proud of Ron because her faith is the central part of her life. She wears a cross each day and believes it's the only way to live.

Carol and David traveled in a motor home, and they even joined a club. They visited different parts of California, and they made the trip back east a

couple of times. Later in life, David's health wasn't doing too well and used a wheelchair. Carol took care of him the best that she could, and they later made a move to Fresno so that one of her sons could assist her. However, the town was small, and you had to drive everywhere, which was hard on Carol as she didn't drive. They ended up coming back to Southern California, and celebrated their 66th wedding anniversary before David passed away. Carol loved David and always depended on him. She shares that he never let her down and was always there when she needed him.

Carol worked as a volunteer in the hospital, took up cake decorating, and did various paintings and crafting over the years. She recalls a bowling pin finding its way into the Bargain Box, the hospital's second-hand store. Carol bought it and transformed it into a Santa Claus that would hold upon doors. Carol made all sorts of designs which included farmers, animals, dancing girls, and more. However, above all,

she loved painting china. She would paint and then her husband would fire it for her. Carol also enjoys listening to classical and relaxing music.

Carol's daughter, Julie, has two girls and one son, all of which are married. David has three sons, of which have four children. Her youngest son, Ron, has two girls and two boys. However, because he's younger, his kids aren't married just yet. She loves being a grandma and great-grandma, and although she doesn't get to see them all the time, she takes pride in knowing their hers.

Before living at Renaissance Village Rancho Belago, Carol lived in two other assisted living communities. She shares that each one was better than the previous. Carol moved to Rancho Belago to be closer to Julie and thinks the community is beautiful. She loves that her apartment provides her more room, especially now that she's in a wheelchair. Carol also likes participating in painting activities, but she misses being able to paint china.

EMPLOYEES OF THE MONTH

Thank you to our wonderful Employees of the Month! You exemplify the Renaissance Lifestyle!



January

Norma P., Cook

Norma brightens up the kitchen whenever she is working. Anyone she interacts with leaves with a laugh. Chef Omar Perez can always expect a great meal when she cooks because of the great taste and the fantastic service.

February

Nancy M., Caregiver

Nancy maintains a positive attitude at all times; residents look forward to seeing her. She always initiates tasks before she is asked to, never complains, and is a great team player. Co-workers enjoy working with her. She goes above and beyond to make sure residents are happy and well taken care of.



March

Zoila R., Cook

Zoila is on top of everything. Whenever she works, Chef Omar Perez can expect the kitchen to be running perfectly. She always has fantastic food and has the kitchen looking spotless. Always a team player, and she is willing to help her co-workers whenever needed.



GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



LaTonya, Executive Director, getting vaccinated.



Alphonse and Jim dressed to the nines for our Valentine's Day Lunch.



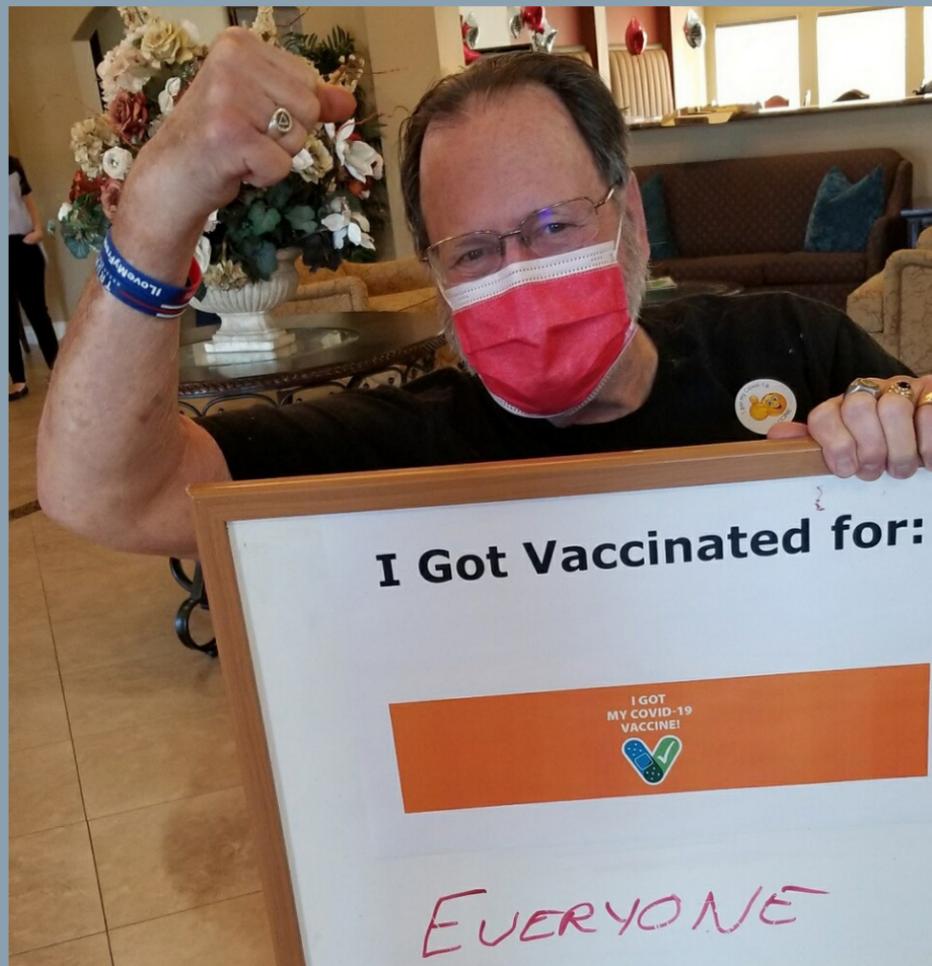
Janice & Dwane enjoyed a delicious Valentine's Day meal by candlelight.



Bernice frosting some Dr. Seuss themed cookies.



Carol enjoying her Shamrock Shake.



Karl is proud of getting vaccinated and helping to protect himself & others.



Arthur and Anne at the St. Patrick's Day Themed Bingo!



Helen, Caregiver got vaccinated for her mom.



Happy Mardi Gras from Jim!



Anita, Activities Coordinator, and Ann decked out in their Mardi Gras colors.



Margaret is never without a smile!

BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. How can you tell which rabbits are the oldest in a group?
2. What's a rabbit's favorite game?
3. How do trees access the Internet?
4. How do you properly identify a dogwood tree?
5. Why can't the flower ride its bike?
6. Which vegetable did Noah leave off the ark?
7. Why did the grape go out with a prune?
8. Why do trees hate tests?

1. Look for the grey hairs 2. Hopscootch 3. They log on 4. By its bark! 5. Because it lost its petals 6. Leeks! 7. He couldn't find a date. 8. They get stumped by the questions.

REFER A FRIEND AND BE REWARDED!

Love the Renaissance Lifestyle?

EARN \$1,500!*

Refer a friend to Renaissance Village Rancho Belago! After they move-in, you get a check!

Lic# #336426464

QUESTIONS? Ask the Concierge for more details!

* Referral checks are paid after the resident has lived at the community for 90 days.

Updates for Indoor Visitation at Renaissance Villages



Kathy G. receiving her second dose of the COVID-19 Vaccine.

The last year was challenging, but the support of the Renaissance Villages Family, we've made it through. We missed celebrating holidays and holding our loved ones tight, but the recent changes in guidelines and more Americans becoming eligible for the COVID-19 vaccine give us hope for a brighter future. In addition, Riverside Counting crossing over to the Red Tier of California's Blueprint for a Safer Economy.

California Governor Gavin Newsom declared on Thursday, March 25 that by April 1, vaccine eligibility would open up to Californians 50 and older. He followed this statement by stating that by April 15, vaccine eligibility would open to Californians 16 and older. Newsom characterized this news as a bright light at the end of the tunnel.

Toward the end of March, Renaissance Villages also opened their doors for indoor visitations with friends and family members. Many families are already taking advantage of this opportunity, especially family members who are vaccinated as they can once again hug their loved ones. We released new guidelines for visitation. These guidelines may change at any time, but are as follows.

Guidelines for All Visits: All visitors must make an appointment ahead of time. We will screen visitors upon entry. If visitors are vaccinated, they should present their vaccination records to the

front desk for records. Visitors will need to leave name and contact information for contact tracing in the event of possible exposures.

Visitors that are vaccinated may engage in close physical contact. Visitors must wear a mask and practice proper hand hygiene before and after any close contact. Visitors that aren't vaccinated may not engage in close physical contact (must remain at least 6 feet from residents at all times). We recommend that individuals visiting the community limit their contact with others as much as practically possible when outside the facility. Visitation is limited for residents that have an active diagnosis of COVID-19.

Guidelines for Indoor Visits: Residents are limited to two visitors at a time (inside the building). Visitation permitted within residents' apartments, not in common areas. Visitors must go directly to the apartment. The common areas are not available for use. Visitors should maintain 6 feet of distance between all residents and staff. We recommend opening the windows during visits to increase airflow. We recommend maintaining shorter indoor visits and more extended outdoor visits.

Outdoor Visit Recommendations: Outdoor visits pose a lower risk of transmission due to increased space and airflow. Therefore, outdoor visitation is preferred and should be used whenever practicable.

Once again, thank you for your understanding and patience with us as we navigate these new guidelines. Thank you for your Please continue to partner with us in ensuring the safety of residents and staff at Renaissance Village Rancho Belago. If you are not feeling well or experiencing any of the symptoms of COVID-19, we ask that you choose to delay your visit to our community for a later date. Have more questions? Give us a call! (951) 379-0100

SUDOKU

MEDIUM

		7				8		6
		3	8		2			
6					4	9	5	
3	6			1				
4			3		5			7
				2			3	9
	9	1	5					4
			2		1	7		
8		4				2		

HARD

			5				3	4
			4			7		
	1			7	3		5	
5	3		8		1			
1			2	4	5			8
			9		7		1	5
	2		3	8			7	
		1			9			
4	8				6			

SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.



RENAISSANCE
Village

RANCHO BELAGO
Senior Living and Memory Care
27900 Brodiaea Ave.
Moreno Valley, CA 92555



Tel: (951) 379-0100
Fax: (951) 379-0299
www.RenaissanceVillages.com
License# 336426464

SUDOKU

VERY HARD

			8		1		6	
1		4			2	8	5	
			6			7		1
				9		6		
		9	5		6	1		
		7		2				
9		2			5			
	4	5	3			2		9
	3		2		9			

**SOLVE THE PUZZLES? CHECK WITH
CONCIERGE FOR THE SOLUTIONS.**

© Memory-Improvement-Tips.com. Reprinted by Permission.

OUR TEAM

Executive Director

LaTonya Davis, LVN
ldavis@rvseniorliving.com

Wellness Coordinator

Jessica Sanchez
jsanchez@rvseniorliving.com

LVN

Lupe Andrade
landrade@rvseniorliving.com

Community Sales Director

Pamela Gause
pgause@rvseniorliving.com

Community Relations Director

Saidah Story
sstory@rvseniorliving.com

Activities Coordinator

Anita Kerschen
akerschen@rvseniorliving.com

Dining Director

Omar Perez
operez@rvseniorliving.com