

Renaissance Lifestyle

WINTER 2021

Employee of the Year 2020



Congratulations, Carla M!

CORONAVIRUS SAFETY TIPS

- Use alternative forms of communication such as phone calls & video chat services to speak with loved ones.
- Practice social distancing. Avoid physical contact & maintain 6 feet of distance between yourself & others.
- Avoid touching your face.
- Engage in good handwashing techniques. Wash your hands for at least 20 seconds with soap & hot water.
- Cough or sneeze into a tissue or your elbow.

Executive Director's Corner

Dear Residents, Family, and Friends:

Happy 2021! Goodbye, 2020! We're entering 2021 with hopefulness. The previous year was challenging with the Coronavirus pandemic and the other obstacles it brought. However, we're looking forward to what this new year will bring. I also must extend my gratitude to our residents, families, and staff for your continued support throughout the year. We appreciate our Renaissance Village Family!

We're working towards setting up vaccine clinics with CVS Pharmacy to provide an opportunity for residents and staff interested in receiving the COVID-19 vaccination. We've been reaching out to residents and families to sign consent forms in preparation. If you have more questions regarding this topic, please reach out to the concierge.

Please also join me in congratulating our 2020 Employee of the Year, Carla M.! Thank you, Carla, for all of your hard work and dedication to upholding the Renaissance Lifestyle. You're a valuable member of the Renaissance Village Family!

Stay safe! We're here to help in any way we can!

LaTonya Davis, LVN, Executive Director

Resident Spotlight: Otis B.



Otis and his wife, Dorothy.

Otis B. was born on January 6, 1929. He was the sixth child of ten children. Otis' family was large but close. They enjoyed spending time together, laughing and playing with one another. He recalls his parents as wonderful people.

Otis worked his whole life. He began working as a shoe shiner when he was only seven years old. Otis worked with the same man until he turned 16 years old. During this time, Otis also learned how to repair shoes. He remembers World War II, but he was too young to join the war efforts. Later on, when the Korean War began, Otis was drafted. Otis served in the Army for three years. He worked in Korea and Japan and was part of the 47th Trucking Company and 296th Transportation Battalion.

After his service, he began work at the Wright-Patterson Air Force Base in Dayton, OH, where he worked in the warehouse. Otis later made a move to Pennsylvania, where he worked for Sears and Roebuck's shipping and receiving department. Then he worked out on the docks for Kaiser Steel.

Otis' friends and family repeatedly asked him to move to California, but his success on the east coast prevented him from considering it. However, when work started to settle down in Pennsylvania and Illinois, Otis decided to spend the winter months in California during

the 1960s. When he got there for Thanksgiving, he already had a job, and everything snowballed after that.

Otis worked for Hughes Aircraft Company in Los Angeles, California. He worked for three different dealerships in the service department and later retired from Hughes Aircraft. He also had an 18-wheeler and hauled steel for five years, and other part-time jobs at Dodger Stadium, Hertz Rental Car, and Howard Gershwin's Beverly Hills home.

Otis knows both the bachelor life and the married life. He was single just about as long as he was married. He was married to his wife, Dorothy, for 40 years. Otis shares that Dorothy was a beautiful woman, and they had a lot of fun together. They shared a lot of laughter, and Dorothy reminded him a lot of his mother. When they got married, Dorothy already had a daughter of her own, and Otis had a daughter, Jacqueline, from a previous relationship.

She and Otis did a lot of traveling all over the country. He enjoyed their trips to San Francisco, New Orleans, and New York, but he never desired to live in any of those places. Otis loved spending time on the islands and taking photos in Montreal and Vancouver, Canada. However, Los Angeles is the most extended time he's ever stayed in one place, and the city was good to him.

Otis' love of travel also allowed him to meet fascinating people. In addition to working with Gershwin, Otis also met Colonel Sanders' wife, Claudia. He and his nephew were good friends with her, and she even gifted him one of Colonel Sanders' suits. Otis also went to church and was good friends with Rosa Parks. He also met some great people in Vancouver when he went to various expos over the years, which he stayed friends with for a long time. Otis loves meeting

people and getting to know them better.

Otis spent a lot of time and money on his antique model collection, which he collected over 40 years. He collected Franklin Mint and Danbury Mint model cars. All of which he gifted to his grandson. He also gave him a 1958 pickup truck, which his grandson later restored. Otis shared that the truck looks better than when he had it. He also moved to the Moreno Valley area to be closer to his nephew. Otis also wanted to attend his nephew's big church. He grew up Lutheran, and now he's Apostolic.

Otis moved into Renaissance Village Rancho Belago over a year ago. He enjoys playing bingo, but he likes to mostly stay in his apartment. Otis shares that the community is clean and the meals are excellent. He's grateful for the assistance and service the staff provides. Whenever people ask him about his experience, he always tells them like it is.

BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. What do snowmen eat for breakfast?
2. What do you get when you cross a snowman with a vampire?
3. How was the snow globe feeling?
4. What do you call a snowman in the summer?
5. What do you get when an apple and a Christmas tree have a baby?
6. What's a parent's favorite Christmas carol?
7. Why couldn't the Christmas tree stand?

1. Snowflakes 2. Frostbite 3. A little shaken 4. A Puddle 5. A Pineapple 6. Silent Night 7. It doesn't have legs

THANK YOU TO OUR OUTSTANDING STAFF!

Thank you once again to our excellent staff. It's been a challenging year, but we appreciate your dedication to serving residents and your efforts to keeping them safe. Thank you for your patience, flexibility, adaptability, and support through everything we've faced in 2020. Each staff member is a valued part of the Renaissance Village Rancho Belago Family. You're heroes, and we know our residents and families appreciate your hard work each day. Thank you for making 2020 better!

Employees of the Month 2020

January: Jessica S., Wellness Coordinator

February: Amanda R., Caregiver

March: Johanna V., Caregiver

April - September: All Staff

Recognized as Heroes.

October: Elijah H., Caregiver

November: Catherine C., Caregiver

December: All Staff Recognized as Heroes.

GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



Doris and Rosie at our Holiday Parade.



Thank you to everyone who supported our Walk to End Alzheimer's efforts.



Jane celebrated 100 years of life!



Alphonse is one of the many veterans that lives at Renaissance Villages.



Talk about a fantastic group Halloween costume! Loads of nostalgia here.



Margie & Anita on Halloween.



Residents walking and rolling in honor of the fight against Alzheimer's.



Erlinda staying fit with this stretching exercise.



Residents enjoyed caroling in the halls.



Santa stopped by to surprise and take photos with residents!



Ouida enjoying Thanksgiving favorites.

WINTER WORD SEARCH

Q V A V Z W M Q Y Y U Y A H O C K E Y N L A A
 S N O W M A N Z M E G B B H C G X M X B P B L
 L X X Y L O V E D Q V C R E I N D E E R T F S
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 Q D N A L R E D N O W C R G Y Q E S R T H E E
 J V S T O O B A I O Q S O A R A R V Y P D Z T
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 K H Q M R E T A E H E C A P S C E P N E A N I
 W W E C N A S S I A N E R F J T T N T A T G U
 I C Z V D Q C H R I S T M A S P P I E C M V Q
 G A T T M J B Q A A T F N O B P M E C E Y E F
 L B P V X E L G F W U C W W I N T E R D K A R
 O I Y L L I H C N B T N G F F S X C O L R R A
 O N X W B Y Q V E K A L F W O N S K F O I T C
 Q H M I T T E N S D R G S O U P F S G C S E S

ARCTIC
 BELIEVE
 BOOTS
 CABIN
 CHILLY
 CHRISTMAS
 COCOA
 COLD
 EVERGREEN
 FREEZING
 FROSTBITE
 HOCKEY
 ICE SKATES
 ICICLE
 IGLOO
 JOY
 LOVE
 MITTENS
 PEACE
 QUILT
 REINDEER
 RENAISSANCE
 SCARF
 SLED
 SNOWFLAKE
 SNOWMAN
 SOUP
 SPACE HEATER
 WINTER
 WONDERLAND

Food & Drug Administration Approves Two COVID-19 Vaccines!



BNT162b2 & mRNA-1273 are approved for use in the U.S.

With the close of 2020, we can excitedly say we're steps closer to protecting more Americans against Coronavirus (COVID-19). During the last month of the year, the Food and Drug Administration (FDA) approved the use of two COVID-19 vaccines: Pfizer-BioNTech's BNT162b2 and Moderna's mRNA-1273. With these new vaccines approved safe for use, the United States is in the process of vaccinating Americans.

The vaccine's recommended rollout starts with those working in direct health care or long-term care settings and residents of skilled nursing facilities, assisted living facilities, and other long-term care settings. Renaissance Villages is partnering with CVS Pharmacy to set up vaccine clinics for residents and staff interested in receiving the COVID-19 vaccination. We are working out the details and reaching out to residents and families with consent forms to prepare for the vaccine clinics.

Both vaccines have two doses, Pfizer-

BioNTech's vaccine has a 21-day window between doses, and Moderna's vaccine has 28-days between doses. The first dose is to help your body begin creating antibodies to help fight COVID-19, and the second dose helps create even more antibodies, which helps strengthen your immune response. The benefit of receiving the COVID-19 vaccine is to increase your protection against getting COVID-19 and prevent you from spreading it to others.

The vaccine will not give you COVID-19. However, it will help your body to create antibodies to fight the disease. As such, you may experience side effects, but that is a typical sign of your body building protection against the virus. In addition, the vaccines are new and the extent of their defense is still under study.

Although you receive the vaccine, it's still important to stay home and isolate yourself if sick, wear your face mask, wash your hands often, and social distance. Research and study will continue and once more information is available, recommendations may change. There is no mandatory vaccination at this time, but voluntary adoption of the vaccine is encouraged.

For more information about COVID-19 vaccines, we encourage you to visit <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html> or to contact your primary care physician. If you would like more information about our vaccine clinic, please stop by concierge or call (951) 379-0100.

SUDOKU

MEDIUM

	7			3			1	
1	3	9		8	2		6	
6							8	
7		2						
			9		4			
8						9		6
	8							5
	5		1	4		2	9	7
	1			9			3	

HARD

		4	3	1				
7			9	4	6			
8			6			3		1
9			2			7		
		6						4
				3			9	7
		7		6			2	5
					2	4	6	1
						1	4	3

SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.



RANCHO BELAGO
 Senior Living and Memory Care
 27900 Brodiaea Ave.
 Moreno Valley, CA 92555



Tel: (951) 379-0100
 Fax: (951) 379-0299
 www.RenaissanceVillages.com
 License# 336426464

SUDOKU

VERY HARD

	7			3	6			
4		8	1					
3	1			4				5
6					2		4	9
			9		7			
5	8		4					7
8				2			3	6
					1	7		4
			3	9			5	

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OUR TEAM

Executive Director

LaTonya Davis, LVN
 ldavis@rvseniorliving.com

Assistant Executive Director

Michael Turner
 mturner@rvseniorliving.com

Wellness Coordinator

Jessica Sanchez
 jsanchez@rvseniorliving.com

LVN

Lupe Andrade
 landrade@rvseniorliving.com

Memory Care Coordinator

Anita Kerschen
 akerschen@rvseniorliving.com

Dining Director

Omar Perez
 operez@rvseniorliving.com

Business Office Manager

Pamela Gause
 pgause@rvseniorliving.com