



Renaissance Lifestyle

FALL 2020

411 ON VOTING

Residents DO need to be registered at this address since this is where they reside even if they own property elsewhere.

ALL voters will receive a mail-in ballot to the address they are registered at, which is why it's important to register here.

Mail-in ballots will be sent out beginning on October 2.

The LAST DAY to register to vote is October 19, but this may delay receiving a mail-in ballot.

Mail-in ballots can be mailed back, (the earlier, the better), and no postage is needed.

Mail-in ballots can also be delivered to a safe drop box. Locations are still being finalized, but there are several nearby.

Anyone you allow can turn in your ballot to a drop off location. (If you are comfortable doing so).

Those wanting to vote in-person can still do so on Election Day. The polling location to be determined, and will likely be farther away than usual due to social distancing guidelines.

CORONAVIRUS SAFETY TIPS

- Use alternative forms of communication such as phone calls & video chat services to speak with loved ones.
- Practice social distancing. Avoid physical contact & maintain 6 feet of distance between yourself & others.
- Avoid touching your face.
- Engage in good handwashing techniques. Wash your hands for at least 20 seconds with soap & hot water.
- Cough or sneeze into a tissue or your elbow.

Executive Director's Corner

Dear Residents, Family, and Friends:

I would like to thank everyone once again for their support during this time. Navigating the different changes and policies has been challenging, but we thank you for your patience and flexibility. We are continuing to make adjustments to ensure the safety of all residents and staff members.

We're excited to share that we've resumed activities and opened the Dining Room for lunches. We know residents are missing getting to see their family members. We're also putting together details for scheduling opportunities for family members and friends to visit residents outside the community. We will contact families once we have the plan finalized so, keep your eyes out for that announcement.

Thank you again to our outside partners who have donated personal protective equipment and other items for staff and residents. We truly appreciate the outpouring of support we've received from the community. So once again, thank you from all of us at Renaissance Village Rancho Belago.

Stay safe! We're here to help in any way we can!

LaTonya Davis, LVN, Executive Director

Resident Spotlight: Margie D.



A papercraft wedding photo of Margie and her husband, Donald.

Margie D. was born in Minneapolis, Minnesota. She was the eldest daughter of six children and had one younger sister before her parents divorced. After her parents separated, she and her younger sister moved to her grandparents' farm with their mother. She enjoyed driving the tractor and milking the cows.

Margie loved her mother but found her to be domineering. When she was a child, Margie was closest to her great-grandmother. Her great-grandmother was a small woman who modeled hats and dresses. Margie also modeled briefly as a young girl, but she doesn't remember too much about it. They lived on their grandparents' farm for about eight years before her mother got remarried, and the family moved to New Brighton, Minnesota.

Margie's mother had another daughter with her new husband, but she passed away early on. Her mother went on to have three more boys. There were about 20 years between Margie and one of her brothers. Although Margie never had children of her own, the experience of helping raise her brother made him much like a son to her.

Margie worked a job where she worked on a machine. Margie met Donald, the man who would later become her husband. He

was the brother of one of her co-workers, and she met him on a blind date to a hayride in 1960. He'd been in the army and served two years in Germany. The two dated briefly before deciding to break up.

Margie spent most of her life in Minnesota, but she ended up in California after her family got into a terrible car accident. Her brother and sister-in-law lived in California and were very resourceful in helping them through the situation. Margie's sister-in-law was a lawyer and aided them through the process. They needed a home without steps to help accommodate her mother's needs. However, Margie missed her home and her friends back in Minnesota. She also spent time in the hospital and faced some challenges with memory loss.

After quite a few years, she reconnected with Donald. Margie called him, and he came out to see her in California. Neither married, so they got married. In 1979 she went back to Minnesota and they had a big wedding in 1980. There was a polka festival going on, and it became a big party full of square dancing and fun.

When she went back to Minnesota, Margie received training for taking care of children with special needs. She enjoyed working with the kids. Margie also worked at a clothing place where she cut patterns. She retired from that position when she was 62.

Margie also enjoyed bowling, square dancing, and anything that allows you to meet new people. She and Donald liked to travel. They went to Hawaii and on a cruise. In addition, they would also come to California for Christmas every other year. The two were in the midst of making

plans for a trip to Europe when Donald fell ill. They'd moved to California, and Donald spent time in a home, the hospital, and a nursing home before he passed away from congestive heart failure. Donald had Parkinson's disease in addition to a few other illnesses. They were married for 37 years before he passed away. Margie faced a lot over the years. She misses her husband very much.

Margie lived in another assisted living previously, but she shares that she likes Renaissance Villages a lot better. She thinks the community is beautiful and a nice place to live. Margie appreciates that if you have a problem, staff are quick to listen and always kind. She also enjoys spending time with her fellow residents. Margie likes participating in bingo, blackjack, and Bocce ball.

A Look At Myself By A Renaissance Villages Resident

ALL THAT I AM,
IS DEPENDENT ON ME.
FOR I CAN BE ALL,
THAT I WANT ME TO BE.

I CAN MAKE MYSELF SOMETHING,
THAT I'M PROUD TO BE,
BUT WHATEVER I DO,
IS UP TO JUST ME.

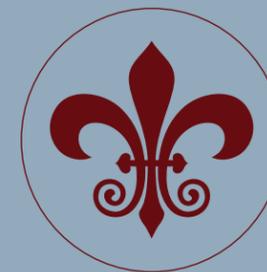
I CAN LOOK TO THE FUTURE,
AND WHAT I WILL SEE,
CAN BE ALL THAT I MAKE IT
IT'S UP TO JUST ME.

I CAN FALL BY THE WAYSIDE,
I CAN CLIMB UP THE HILL.
I WON'T DO WHAT I CAN,
I CAN DO WHAT I WILL.

THERE WILL COME A TIME,
WHEN I WILL LOOK BACK,
AND SEE THINGS I'VE ACCOMPLISHED
AND THE THINGS THAT I LACKED.

SO I'D BETTER START NOW,
I MUST USE EVERY DAY,
TO KEEP MOVING FORWARD,
IN EVERY SMALL WAY

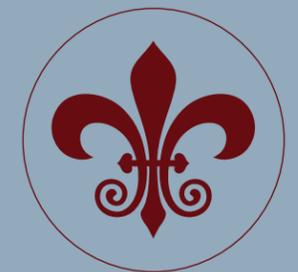
EMPLOYEES OF THE MONTH



August

Darlene, Prep Cook

This year, Darlene is celebrating her 5th year since joining the Renaissance Village Family. She began as a server and is now one of the prep cooks here. Darlene loves working with residents and enjoys getting to know them. She is a valuable asset to the kitchen staff and makes great efforts to work as a team player with her colleagues. We appreciate her positive attitude and how she does her absolute best to help residents and assist in any way she can. Thank you, Darlene for all that you do to create great days for residents.



September

Christina, Server

Since Christina joined the Renaissance Villages Family, she has been a tremendous asset to the entire team. Our residents appreciate her always friendly and personable demeanor. Her colleagues admire her can-do attitude, which has become even more evident, and appreciated in light of all of the various changes and challenges, from room orders to PPE to new sanitation procedures, she has always risen to the occasion. Thank you, Christina for always being there for our residents.

GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



Residents are ALWAYS in the BINGO mood.



Rosemary is super excited to play BINGO!



Jim enjoying his Luau themed lunch.



Happy Birthday Linda!



Margaret enjoying shaved ice from Kona Ice!



Anne loves Red Ticket Market.



Ella enjoying some Kona Ice on our FriYay Celebration!



Cecilia is enjoying some nice stretching.



Alphonse looks very happy to be a raffle winner!



Linda enjoying a good stretch!



Edith sharing a conversation with her family via social distancing.



Margie perusing the Red Ticket Market.

BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?
2. A clerk at a butcher shop stands five feet ten inches tall and wears size 13 sneakers. What does he weigh?
3. I appear once in summer and twice in autumn, but never in winter. What am I?
4. I have cities but no houses, forests but no trees, water but no fish. -- What am I?
5. What begins with T, ends with T, and has T in it?
6. You can hold it without using your hands or your arms. What is it?

1. Johnny 2. Meat 3. The letter U 4. A Map 5. A Teapot 6. Your breath

Perks of Reaching 60 or Being 70 and Heading Towards 80

You may have seen this list before, but we love it. We hope you do too!

- Kidnappers are not very interested in you.
- In a hostage situation you are likely to be released first.
- No one expects you to run anywhere.
- People call at 8 p.m. and ask: "Did I wake you?"
- People no longer view you as a hypochondriac.
- There is nothing left to learn the hard way.
- Things you buy now won't wear out.
- You can eat supper at 5 p.m.
- You can live without sex but not your glasses.
- Your supply of brain cells is finally down to a manageable size.
- You can't remember who sent you this list.
- And you noticed these are all in Big Print for your convenience.

PROTECTING SENIORS FROM \$CAMMERS 2020

Scams to Watch Out For!



Government Impersonation
 The caller poses as a government employee that needs personal information. May threaten arrest or prosecution.



Tech Support
 The caller poses as technology support offering to fix a computer issue to gain control or access over the individual's computer.



Funeral Scam
 Taking advantage of obituaries, the caller will reach out to take advantage of a grieving spouse by calling about "financial debts."



Grandparent Scam
 The caller poses as a close relative that has an immediate financial need.



Giveaway or Lottery Scam
 The caller will claim the call recipient has won a sweepstakes or lottery. However, to claim the prize, they must pay a fee.



COVID-19 Cure Scam
 Businesses call claiming to have a cure or vaccine for COVID-19. Please note there is currently no vaccine or cure for COVID-19.

The Senate Special Committee on Aging reports that seniors lose nearly \$3 billion annually due to financial exploitation.

Tips for Identifying Scammers

BE CAUTIOUS!
 Don't give out personal info!

DON'T click links from people you don't know!

DON'T pay callers with gift cards!

The IRS ALWAYS reaches out by mail first!

Contact family personally for money concerns.

DON'T let callers push you into making decisions.

REPORT FINANCIAL ABUSE

Reporting financial abuse of the elderly does vary by state. However, there are laws against taking advantage of the elderly. You can find resources with your local law enforcement. In addition, you can also contact Adult Protective Services if you suspect financial abuse. Lastly, the senior's financial institution can also offer support.

Renaissance Villages is not a senior attorney. Therefore, you should discuss all information with an elder law specialist or attorney.

SUDOKU

MEDIUM

		8	7		4		3	1
7			6			9		
					9	5	7	
1			9				6	7
				1				
2	8				6			3
	4	1	8					
		5			7			9
8	7		5		2	4		

HARD

	5		7					1
	8			6		3		4
3		7			9			
1					7		3	
	7		9	4	3		6	
	9		2					7
			3			2		8
7		1		2			5	
8					4		1	

SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.



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SUDOKU

VERY HARD

		1		3	4	8		
	9				8		4	5
8				9		7		
				2		9	1	
			9		1			
	2	9		8				
		8		1				2
6	1		8				5	
		3	7	5		6		

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