

# Renaissance Lifestyle

SUMMER 2020



## Stronger Together Challenge

We're challenging you to write a short story, play, poem, or song. Take pictures or paint. Get your creative juices flowing and create in your own way. Submit a piece featuring the theme of "We're Stronger Together!" to concierge by the end of day each Monday. We will display your pieces around the community and lucky winners will be featured in our weekly updates. We cannot wait to see your creations!

## CORONAVIRUS SAFETY TIPS

- Use alternative forms of communication such as phone calls & video chat services to speak with loved ones.
- Practice social distancing. Avoid physical contact & maintain 6 feet of distance between yourself & others.
- Avoid touching your face.
- Engage in good handwashing techniques. Wash your hands for at least 20 seconds with soap & hot water.
- Cough or sneeze into a tissue or your elbow.

## Executive Director's Corner

Dear Residents, Family, and Friends:

I want to extend a special thank you to our residents and their families for their support and patience as we've navigated this Coronavirus pandemic. We look forward to the time when we can all meet again in person.

Thank you to our excellent staff for their support and hard work during this difficult time. Thank you for caring for our residents and always striving to create great days for residents in all circumstances.

We are also grateful for the support of Dr. Yxstian Gutierrez, Mayor of Moreno Valley, and his team. Not only did he take time to wish residents a Happy Mother's and Father's Day, but he's also donated PPE gear to the facility. We extend gratitude to the Moreno Valley Police and Fire Departments, and all first responders for the assistance and support exhibited during the pandemic.

To aid in facilitating video chat options for residents, Sandals Church graciously donated several tablets. We've also received donations of masks from the Edgemont Women's Club, Style Snob Boutique, Genesis Christian Fellowship Church, Agape Ministries, Covenant Community Church, and several of our residents' families. Thank you to the families of Frances A., Jim B., and Jane J.

Once again, please note we are here to help in any way we can and answer any questions that you may have during this time.

*Stay safe! We're here to help in any way we can!*

**LaTonya Davis, LVN, Executive Director**

## Resident Spotlight: Dan D.



Dan D. in his apartment at Renaissance Village Rancho Belago.

Dan D. was born on May 28, 1938, in the big town of Deadwood, South Dakota. He was one of seven children and had four brothers and two sisters. Dan grew up in the Black Hill of South Dakota and stayed there until he was 19 years old. He didn't work any jobs until he graduated from high school. Dan worked a janitorial type job, where he cut grass and did other tasks like that.

He and his wife were high school sweethearts. The two got married in 1958, but due to his enlistment in the Army, he was sent to Okinawa just three months later. Dan served three years in total, 19 months of which took place in Okinawa. He was assigned to ammunition dumping and was a Specialist 4th Class when he discharged. During the Berlin Crisis in 1961, the Army called Dan back to active duty. He didn't see any battles or conflicts during his service.

When he came back from his time of service, he moved the family to California after having a difficult time finding a job. Dan is old school and didn't believe in the mother having a job. He worked two jobs for 12 years to make a living while their kids went to school. Dan and his wife had four boys and one girl: Rolland, Bobby,

Mark, Kenny, and Patty.

He worked as a letter carrier with the United States Postal Services, and he also helped his neighbor with his Septic Pumping business. He'd worked for eight years with the Post Office, and then he would go work with his neighbor installing septic tanks until they got their job done. Dan enjoyed working for the Post Office because he got to be by himself. He'd go pick up his mail and go out on his route. Dan shares that sometimes he didn't see anybody all day.

After 25 years of marriage, Dan and his wife decided to get a divorce. Dan continued working for the Post Office until he retired in 2002. He desired to return to South Dakota, but others influenced him to stay in Riverside. He also began working for the Unior Store.

Dan always enjoyed going camping and fishing. Some of his fondest memories are of taking his boys backpacking through the San Bernardino Mountains. He used to play handball about four times a week in the Riverside heat.

Fishing has a special place in Dan's heart. He never understood why anyone goes anywhere on vacation, and they don't include fishing. Most of his trips were fishing trips to Alaska and Canada to fish with his buddy. In 2003, Dan made his dreams come true when he took a leap and moved to Oregon. Steelhead fishing on the banks of the Klamath River was an enjoyable experience. He shares that catching steelhead is the thrill of his life. When you find a steelhead at the end of your line, you've got an all-out war as you



The Bald Eagle Puzzle in Dan's apartment.

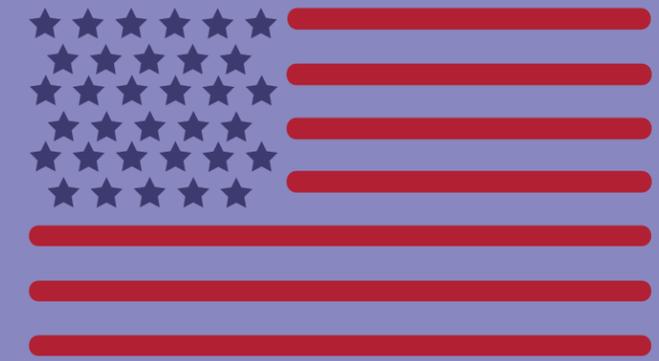
fight against fish that weigh an average of seven pounds each.

Dan has always had a love and fascination for bald eagles. He had the opportunity to see a lot of them, especially when he spent time in Alaska. His apartment features several bald eagle motifs. In addition, he also has a 1,000-piece bald eagle puzzle that Dan put together during the time he spent with his daughter after he has shoulder surgery. Dan's daughter mounted and framed it, and it hangs in his apartment.

Dan has nine grandchildren and six grandchildren. One of his greatest joys is the time he gets to spend with them. He loves watching them and hearing the things they have to say. Dan shares that he tends to keep to himself for the most part, but he enjoys reading books and taking care of the flowers in the garden at Renaissance Village Rancho Belago. He didn't like the idea of assisted living before moving in, but now that he's lived here for almost two years, he enjoys it.

Dan is appreciative of the care the staff provides, especially during the time of the Coronavirus pandemic. He shares that the team is courteous and respectful. In addition, he's appreciative of his daughter's help and all of the various things she does to take care of his needs.

## The Red, White, & Blue



**Red stands for  
hardiness & valor.**

**White symbolizes  
purity & innocence.**

**Blue represents vigilance,  
perseverance & justice.**



## Thank You To Our Team

We are beyond grateful for our wonderful Renaissance Villages Family. Each and one of you are a huge part of what makes Renaissance Villages a great place to live. We appreciate the hard work you've all done through the Coronavirus pandemic. Thank you for your continued dedication to creating great days for residents. You're all doing a wonderful job caring for residents! We know residents and their families appreciate it!



IT TAKES A VILLAGE!

WE'RE ALL IN THIS TOGETHER!

# BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. Why do bananas use sunscreen?
2. What do you call a dog on the beach during the summer?
3. What do you call a snowman in July?
4. What does the sun drink out of?
5. What is the best day to go to the beach?
6. What did the beach say to the tide when it came in?
7. What kind of music do killer whales like?

1. Because They Peel. 2. A Hot Dog. 3. A Puddle. 4. Sunglasses. 5. A SUNday. 6. Long Time, No Sea. 7. They love to listen to the orca-stra.

## HARD

6				3	8	5		
	8		6		7	3		
			5				6	
7		8	4			6		
1								2
		9			1	4		7
	1				5			
		2	7		6		8	
		3	2	1				5

# SUDOKU

## MEDIUM

2	3				7			1
1	8		5	3		4		
	4	6						
	5				8			2
	6			2			9	
9			3				1	
						8	2	
		3		5	9		4	7
5			7				3	9

## VERY HARD

3	9		8	7		2	4	
			4					9
		8					6	
1				6	5			
8			9	1	3			7
			2	8				6
	7					5		
5					2			
	8	2		5	7		1	4

## Veterans Moving Into Senior Living

One of the most admirable acts a person can do is lay down his or her life for others. This sacrifice is something many of the seniors in our country did over the years. With a growing need for living options for seniors, many of our veterans are unaware of the benefits available to them. Below you can find resources for what veterans moving into senior living need to know.

### Veterans Benefits for Assisted Living

There are many senior veterans in our country needing daily assistance, who are unaware of the veteran's benefits that are available to them. The Aid & Attendance Pension is support available to veterans and surviving spouses. This support helps reduce the cost of senior care and assisted living.

Those eligible for Aid & Attendance for Assisted Living must meet the following criteria:

- Wartime veterans or their surviving spouse (marriage must have ended due to the death of veteran)
- Aged 65 or older or permanently disabled
- Veterans must have served at least 90 continuous days of active duty, with at least one day during a time of war.
- Veterans must have received an honorable, general, or medical discharge.
- Applicants must have, on average less than \$129,094 in assets, which excludes their primary home and vehicle.

Please note, you must prove Aid & Attendance eligibility each year. To ensure your eligibility, be sure to keep a record of the expenses you used when you first filled out your application. To learn more about what you may qualify for, visit our veteran's benefits page or the U.S. Department of Veteran Affairs.



Daniel F. one of the veterans who calls Renaissance Villages home.

### Veterans at Renaissance Villages

At Renaissance Villages, we have a high view of the sacrifice that many men and women have made over the years to protect the freedoms that we have in the United States. We strive to honor them in helping them get the benefits they deserve. We also honor our veterans by placing their photos on our Veterans Wall of Honor at each community. Renaissance Villages also hosts its annual Veteran's Day Celebration where we invite members of the city and military come to show their support. In fact, our 2019 Veteran's Celebration also featured a flyover by the San Diego Salute formation flying team!

Each Renaissance Villages location offers a veteran's discount. In addition, we have a myriad of resources for helping them go through the veteran's benefits process. Are you a veteran interested in living at Renaissance Villages? Call today to discuss moving into one of our senior living communities.

*PLEASE NOTE: Renaissance Villages does not specialize in veteran's benefits. Therefore, all information above should be discussed with your Elder Law Attorney or Veteran's Benefits Professional as each individual's circumstances vary.*

**SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.**



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## SUDOKU

### HARD

		7			1			5
		5	4			3	7	1
						4	8	
			7	9		8		2
	9						3	
2		3		8	5			
	8	4						
7	5	2			4	6		
1			2			7		

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## OUR TEAM

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