



# Renaissance Lifestyle

SPRING 2020

# THANK YOU!

## THANK YOU TO OUR EMPLOYEES!

We would like to extend a big thank you to our employees for the phenomenal work they've been doing as we work together to keep our residents safe during the Coronavirus pandemic. We know it's been tough, but it's all worth it to see our residents supported and taken care of.

From the bottom of our hearts, we thank you all for your hard work, smiles, and the love you've shown each resident as we face this together. You all are doing a wonderful job and we appreciate each one of you immensely. We know that our residents and their families appreciate you too!

## CORONAVIRUS SAFETY TIPS

- Use alternative forms of communication such as phone calls & video chat services to speak with loved ones.*
- Practice social distancing. Avoid physical contact & maintain 6 feet of distance between yourself & others.*
- Avoid touching your face.*
- Engage in good handwashing techniques. Wash your hands for at least 20 seconds with soap & hot water.*
- Cough or sneeze into a tissue or your elbow.*

## Executive Director's Corner

Dear Residents, Family, and Friends:

I would like to start by recognizing our wonderful staff. You all are the backbone of this community and we could not care for our residents without each of you. Thank you for your hard work and dedication to the Renaissance family.

We appreciate everyone's support to keep our wonderful residents and staff safe as we take precautionary measures for Coronavirus (COVID-19). Thank you for your cooperation and understanding as we navigate the updates from the CDC and other governing agencies. I would also like to thank our medical personnel and everyone keeping this country going during this crisis.

Please remember, we are available to assist in communicating with loved ones so please do not hesitate to ask. Also, please be diligent when practicing proper hygiene and follow our Coronavirus Safety Tips. Additionally, please do not neglect your mental and physical health during this time. If you are ever feeling overwhelmed, depressed, scared, or have any questions about the current situation, please let me or a staff member know.

I am incredibly proud of how the Renaissance family has responded to this situation. These are difficult times but together we will persevere.

*Stay safe! We're here to help in any way we can!*

**LaTonya Davis, Executive Director**

## Resident Spotlight: John & Ouida H.



John and Ouida on their wedding day.

John was born in Fort Riley, Kansas in 1930. He had one sister and she was the oldest. John enjoyed fishing, and as a young boy, he and his family moved around a lot because his father was in the military. They lived in Arizona, California, North Carolina, and Pennsylvania. His father was in the 9th Cavalry Regiment at Fort Riley as a Buffalo Soldier. Growing up he briefly held a job washing dishes in a Chinese restaurant.

Once John graduated high school, he joined the Army Air Core. Soon after he joined, the Army Air Core became the Air Force. He started out as a basic airman and went up the ranks to tech sergeant. He served in both the Korean and Vietnam Wars and was stationed in Guam, Spain, and Japan. John worked in Japan as an aerial photographer until they got rid of that field. He later went into intel.

John went to Riverside City College and got his associate's degree in sociology. He then went on to get his bachelor's of science in sociology from University of California, Riverside. John later got a teaching credential from California State University, San Bernardino.

John and his first wife had five children together, Bill, Milard, Antonio, Connie, and Elizabeth. He enjoyed getting to raise them, however, it was difficult because his military assignments kept him from them. John is proud of how his children turned out.

He worked for the Department of Correction as a correctional officer, and was later promoted to sergeant and then lieutenant. After John got his degree he got hired on as a parole officer. He also retired from there as a parole agent. John did a little teaching for the Riverside City School District as a substitute teacher. He also served as the president of AARP for Rubidoux, scout master of the Boy Scouts in the Riverside area, and the president of the Martin Luther King Senior Club where he later met Ouida.

Ouida was born in Edington, Georgia in 1938. When she was just 3-years-old her family made the decision to move to California. She has three brothers and two sisters. Ouida shares her family did a lot for her growing up because she was the youngest girl of the family. She was an avid reader as a child. Ouida began reading at 5-years-old and never stopped.

Ouida went to Los Angeles City College and got her associate's degree in sociology. When she moved to Riverside, California, she went to California State University, San Bernardino and got her bachelor of science in sociology.

Ouida moved to Riverside because she had an opportunity to work at the School for the Deaf. Her sister was already working there, and when they saw her name, they called her in for an interview. The school hired her as a counselor and she worked in that position for five years. She got promoted to instructional counselor, then lead counselor, and finally retired as supervisor. During her time there, Ouida was in charge of three dormitories, 12 staff members and college students working as student aids.

She and her first husband had four children together, two twin sons: Donald and Ronald, and two daughters: Sharon and Jacquelyn. Unfortunately, one of the boys and one of the

girls have passed. It was difficult for them to go through that, and it was especially difficult for her son. The twins did everything together, and she fondly remembers how close they were, even as babies.

After Ouida retired, she joined the senior citizens club in Riverside, which John was already a part of. All of her kids were grown and out of the house, and she had been divorced from her husband for three years. She thought this was her time to kick back, read, and enjoy her retirement. However, John kept eyeing her and she initially tried to ignore him. But she got to know him more and she realized what a wonderful person he is. In describing John, Ouida shares "they don't make them like that anymore."

Both John and Ouida care deeply for one another, even going to the point of caring for the other's needs above their own. This July they will celebrate 17 years of marriage.

They've traveled extensively with one another. Each summer they went on cruises, visiting destinations like the Caribbean Islands, Alaska, Mexico Rivera, and the Panama Canal. John enjoys fishing and Ouida loves to read.

Ouida is very grateful for Jacquelyn because she's very instrumental in taking both her and John to their various medical appointments. In fact, she drives all the way out from Palmdale to be there for them. Additionally, Ouida has seven grandchildren and five great-grandchildren and John has so many that he's lost count.

They moved from a four bedroom house to Renaissance Villages, so downsizing was an adjustment for them. However, they enjoy the various activities offered and the quality of care provided at our community. They share that everyone is friendly and that they are enjoying their retirement.

## EMPLOYEES OF THE MONTH



### January

Jessica S., Wellness Coordinator

Since joining our team in October of 2017, she has been a model of professionalism, compassion and leadership. We have enjoyed watching Jessica grow with us professionally. Since taking on the role of Wellness Coordinator, she has continued to demonstrate why she is so valuable to the community. She always has a great attitude with a constant focus on always doing the right thing for our residents in whatever way she can.



### February

Amanda R., Caregiver

Amanda cared for her grandma for ten years when she was battling cancer. She always wanted her to care for the elderly, but Amanda didn't think it was something she would do for others. After privately caring for a resident at Renaissance Villages, Amanda applied. She believes she's Memory Care material and thinks it takes special people to work there. Residents are her favorite part of her job. When she's not working she hangs out with family and they enjoy barbecuing.



### March

Johanna V., Caregiver

Johanna is a certified nursing assistant. She became a med tech and caregiver because she loves helping people and making them smile. Johanna shares that having the opportunity to work with seniors is rewarding. She and her husband, Edward, have been married for three years. They have two kids, Daniel and Kathy. When she's not working she loves to play with her kids and binge shows on Netflix. She likes working with the staff because they go above and beyond to make residents smile.

# GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



*Villa Lago residents taking part in a sensory activity.*



*A master artist at work on Mardi Gras themed art.*



*Villa Lago residents enjoying a pizza party out on the patio.*



*Doris and her family at the Valentine's Day Dinner by Candlelight.*



*AJ serenading Jane at our Valentine's event.*



*Dan and Larry using a nice, cold beverage outside as they garden.*



*Enjoying some time with Therapy Dog: Noodle. We love Noodle!*



*Rosemary enjoying a delicious meal from Chili's.*



*Annie winning big at BINGO!*



*Villa Lago residents painting four leaf clovers for St. Patrick's Day.*



*Daniel and staff sporting masks for Mardi Gras.*

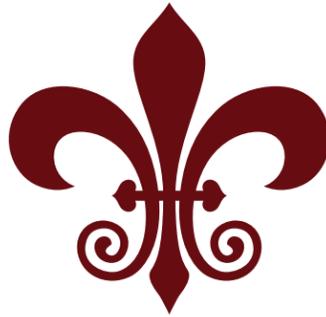


*We love to go to the Y-M-C-A!*

# RENAISSANCE WORD SEARCH

H X J I G K S S F R F H O L G Y E Z Y O X P U F R  
 G V X Q O C E H N I W F R T L F H N M S N L U I Q  
 E P C I Q M I Z J N X E I L Z U Q P T P E M J L D  
 I R J P M P T Q N E A F L R T P U G E F S N F G M  
 T V R G F W I V B D I B H J G N I N I D Q R W F N  
 J G Z R N E V E E R F B U X O S L T W E W Y B B P  
 B G R R J I I E E T C X F D E M A F U F U U S A L  
 O Q J R O I T G Y R E C J N E R U Z Z Z F Z A A Q  
 C P N T A J C N Y R E E F P O R G M E P V U T T H  
 C E C J U W A X I C A S Z T O G E T H E R O E E U  
 E A Q D O Y P T R A W K I V N Q L S E U N V I X S  
 G I V A M C R U X Z P N I D Z Z O V O Y I P Y B T  
 B X J I R A E R W D P C M C E J Y H A B L B H U A  
 D G H M M O V A Z A Y R T U N N Y I R N M Y C X R  
 O Y C I D Q I Y O D R J A P R P T X L M A T E Y W  
 A O J R Z C G L U N D S H D P Y N S L N T D B N V  
 V E N J M G E I Y W E C N A S S I A N E R E W C N  
 N Z L M X O R M C Y W W H Y X E K Z S Y M X P E Y  
 W Z P Y H L A A Q G E T N B F Y T P M V V I B W Y  
 J S N J T R C F N M E R E Q G L E V U J A X X V F  
 H N J E L S W Z H D C I S S I W D N U E E G I Q C  
 C J N A X T E C I P K P X Y U C M P B I X H S A E  
 C Z N V C D Q F S R O I N E S O A S K T R I F D B  
 Q M B G O G I E I G I A D O C A B N H S Z D R Q U  
 T G C N L L Z X T L G A J S B N M Y K V U N W V N

RENAISSANCE  
 DINING  
 ACTIVITIES  
 LATONYA  
 BOCCE  
 GERIFIT  
 PAINTING  
 HAPPYHOUR  
 SENIORS  
 RESIDENTS  
 LIFESTYLE  
 CAREGIVER  
 FAMILY  
 GRANDKIDS  
 TOGETHER



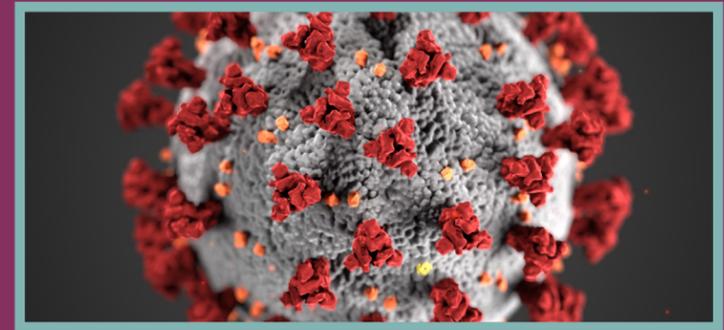
# CORONAVIRUS (COVID-19) Update

Dear Residents and Family Members,

At Renaissance Village we are focused on ensuring the safety and wellbeing of all our residents, staff, and guests. Changes in recommendations from the Center for Disease Control (CDC), California Department of Public Health (CDPH), and California Department of Social Services (CDSS) are coming quickly and we are doing our best to keep our residents and their family members aware of changes as quickly as possible. We will continue to update families of changes by phone to help convey information as quickly as possible. You can also expect more in depth letters and e-mails to follow.

We are currently limiting visitation to the building to health care professionals and essential government authorities. Any individual entering the building will be assessed for signs and symptoms of COVID-19 and/or flu infection. Individuals who have traveled out of the country, or have come into contact with someone who has traveled out of the country, within the last 14 days will not be permitted to enter the building. Additionally, any individual who has come into contact with someone who has a confirmed diagnosis of COVID-19, or is under investigation for COVID-19, within the last 14 days will not be permitted to enter the building. We strongly encourage families to consider alternative forms of communication such as phone calls and video chatting services (FaceTime, Skype, etc.). We can assist in coordinating communication with residents whenever necessary.

Our activities program is changing. Resident outings to public gathering areas have been cancelled. At this time, Renaissance Village is providing transportation for healthcare reasons only. Renaissance Village has currently cancelled our planned activities and group meetings. We feel this is a necessary step to help with the prevention, containment, and mitigation of Coronavirus spread. We encourage all residents and families to continue to communicate by phone and



Coronavirus (COVID-19)

video call options available. Our staff is available to help residents in arranging these communications methods. Our dining hall is currently closed for meal time service. Staff are reaching out to residents to place meal orders and meals will be delivered directly to residents' rooms.

We strongly encourage all residents and family members to practice social distancing. Social distancing involves avoiding physical contact (when possible) and maintaining a distance of 6 feet between yourself and another person.

We strongly encourage all residents and family members to engage in good handwashing technique. The CDC recommends washing hands for at least 20 seconds with soap and hot water. If you need a timer hum or sing the happy birthday song twice from beginning to end. In addition to washing hands we encourage everyone to use hand sanitizer of at least 60% alcohol content. Proper hand hygiene practices should be followed at all times, but especially after going to the bathroom, before eating, before and after providing care to persons in care, and after blowing your nose, coughing, or sneezing. Always wash hands with soap and hot water if hands are visibly dirty.

As always, we encourage residents and family members to reach out to our team with any questions, comments, or concerns. Our team can be reached by phone at (951) 379-0100. Thank you for helping us to prevent the spread of COVID-19 in our community.

Best regards, LaTonya Davis, Executive Director

## SUDOKU

MEDIUM

	1	2						
		6	2			5		
3					4	7	2	
	8			6		2		9
2			8		9			4
6		1		4			8	
	4	8	1					6
		3			5	4		
						8	1	

HARD

1			2	4			5	
8			1		9			
	6			5			7	
9			6	3				4
		4					8	
3				2	4			1
	9			8			1	
			3		5			9
	3			1	2			5

SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.

© Memory-Improvement-Tips.com. Reprinted by Permission.



**RANCHO BELAGO**  
Senior Living and Memory Care  
27900 Brodiaea Ave.  
Moreno Valley, CA 92555



Tel: (951) 379-0100  
Fax: (951) 379-0299  
www.RenaissanceVillages.com  
License# 336426464

## SUDOKU

VERY HARD

9			5	3			7	
				2	6			9
						6	5	
		6		8				3
2	7	3				8	6	4
8				6		7		
	8	5						
7			6	1				
	1			5	2			6

**SOLVE THE PUZZLES? CHECK WITH  
CONCIERGE FOR THE SOLUTIONS.**

© Memory-Improvement-Tips.com. Reprinted by Permission.

## BRAIN TEASERS

*Are you great at puzzles? Give these riddles a try!*

1. Only one color, but not one size, stuck at the bottom, yet easily flies. Present in sun, but not in rain, doing no harm, and feeling no pain. What is it?
2. I am a word of six; my first three letters refer to an automobile; my last three letters refer to a household animal; my first four letters is a fish; my whole is found in your room. What am I?
3. A man in a car saw a Golden Door, Silver Door and a Bronze Door. What door did he open first?
4. Until I am measured I am not known, Yet how you miss me when I have flown. What Am I?
5. I have a thousand needles but I do not sew. What am I?

1. A Shadow 2. A Carpet 3. The Car Door 4. Time 5. A Porcupine

## OUR TEAM

**Executive Director**

LaTonya Davis, LVN  
ldavis@rvseniorliving.com

**Assistant Executive Director**

Michael Turner  
mturner@rvseniorliving.com

**Wellness Coordinator**

Jessica Sanchez  
jsanchez@rvseniorliving.com

**Memory Care Coordinator**

Anita Kerschen  
akerschen@rvseniorliving.com

**Community Relations Coordinator**

Smyrna Escareno  
sescareno@rvseniorliving.com

**Dining Director**

Arlene Herrera  
aherrera@rvseniorliving.com

**Fun Director**

Laurel Gerhardt  
lgerhardt@rvseniorliving.com

**Housekeeping Supervisor**

Crystal Hamilton  
chamilton@rvseniorliving.com

**Business Office Manager**

Diana Gonzalez  
dgonzalez@rvseniorliving.com