

Renaissance Lifestyle

SPRING 2020

THANK YOU!

THANK YOU TO OUR EMPLOYEES!

We would like to extend a big thank you to our employees for the phenomenal work they've been doing as we work together to keep our residents safe during the Coronavirus pandemic. We know it's been tough, but it's all worth it to see our residents supported and taken care of.

From the bottom of our hearts, we thank you all for your hard work, smiles, and the love you've shown each resident as we face this together. You all are doing a wonderful job and we appreciate each one of you immensely. We know that our residents and their families appreciate you too!

CORONAVIRUS SAFETY TIPS

- Use alternative forms of communication such as phone calls & video chat services to speak with loved ones.
- Practice social distancing. Avoid physical contact & maintain 6 feet of distance between yourself & others.
- Avoid touching your face.
- Engage in good handwashing techniques. Wash your hands for at least 20 seconds with soap & hot water.
- Cough or sneeze into a tissue or your elbow.

Executive Director's Corner

Dear Residents, Family, and Friends:

I would like to start by recognizing our wonderful staff. You all are the backbone of this community and we could not care for our residents without each of you. Thank you for your hard work and dedication to the Renaissance family.



We appreciate everyone's support to keep our wonderful residents and staff safe as we take precautionary measures for Coronavirus (COVID-19). Thank you for your cooperation and understanding as we navigate the updates from the CDC and other governing agencies. I would also like to thank our medical personnel and everyone keeping this country going during this crisis.

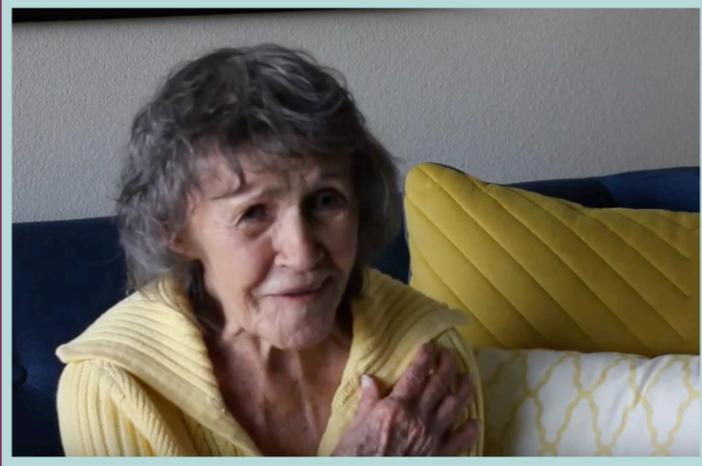
Please remember, we are available to assist in communicating with loved ones so please do not hesitate to ask. Also, please be diligent when practicing proper hygiene and follow our Coronavirus Safety Tips. Additionally, please do not neglect your mental and physical health during this time. If you are ever feeling overwhelmed, depressed, scared, or have any questions about the current situation, please let me or a staff member know.

I am incredibly proud of how the Renaissance family has responded to this situation. These are difficult times but together we will persevere.

Stay safe! We're here to help in any way we can!

Brian Taube, Executive Director

Resident Spotlight: Ann M.



Ann M. during her Resident Spotlight Interview.

Ann M. was born in Luther, Oklahoma on September 5. She was one of four children and enjoyed passing time reading books and playing with paper dolls. Ann would occasionally babysit for her neighbors, but as a high school student, she worked as a soda jerk. She worked at the fountainette next to the local theater and served cokes and malts to those on their way to the movies.

Ann met her future husband, John, at a party one of her girlfriends threw in high school. They got married, and John was drafted into the Army as a paratrooper for World War II. He went to Fort Benning in Georgia for boot camp, and then they sent him to Okinawa.

After high school, Ann took commercial classes for typing and shorthand at Hershey Business College in McAlester, Oklahoma. Ann loves to learn, and took every opportunity she could to learn more. These courses helped her improve her typing and brush up on her bookkeeping skills.

While her husband was away serving in the war, she shared an apartment with her sister because her husband was also serving in the Navy. Her sister worked as a nurse in the hospital and Ann worked at the Goodrich store. Ann worked rationing at the store, and would fill out

forms so that people could get their tires.

When John came back after the war, things between them were different. John couldn't find a job, so they packed up and moved to California. While in California, Ann met John's aunt's doctor, and she began working for his front office as a receptionist. From then on all her experience was medical, which was something that she enjoyed from an early age as she watched her grandmother work as a midwife. Ann learned how to take blood pressures, and also took classes to become a medical technician.

After they arrived in California, her husband found someone else and they decided to get a divorce. After some time, she met a nice man, named Lawrence, who already had two children of his own. The two got married and they had another two boys. Ann has always said she birthed two, but raised four boys. There were ten years between the boys, but she shares that the boys got along great. Her stepsons are Dick and Bob, and the boys she birthed are Larry and Michael. She loved every minute of being a stay at home mom. She served on PTA and with the scouts, all while raising the boys and also keeping the books for her husband's business.

Ann and husband, Lawrence, were married for 26 years before he passed away. At 76, Ann was working the EKG machine at a local doctor's office. She did so many EKG's they called her "the EKG girl." She worked there until she was 82, as she unfortunately had to quit because she could no longer pump the blood pressure due to her arthritis.

Ann has four grandchildren and nine great-grandchildren. She loves being a grandmother and a couple of her grandchildren live close by so she

gets to see them as often as she can.

Ann has a zeal for life and enjoys reading a good book. She's read most of the books in our library and also exchanges books with some of the ladies in the community. However, Geri-Fit is high among the activities she enjoys at Renaissance Villages. She's made great progress in the Geri-Fit classes. Ann reflects that when she first started the classes she couldn't stand up, but now she can do so beautifully. She also does the exercises on her own when she experiences arthritis pain and they help bring relief.

Ann also enjoys mind stretch, trivia, and the live entertainment offered at Happy Hour and special events. She shares that she has no complaints when it comes to living at Renaissance Villages. Not only does she feel that everyone is nice and friendly, but Ann shares that they make you feel welcome.

Resident Spotlight: Silvia P.



Rellie & Sylvia at the Renaissance's Roaring 20's event.

Sylvia P. was born in St. Louis, Missouri in 1927. Her older sister was a dear part of her life. The two were three years apart, but they had a wonderful relationship. Sylvia spent some time studying liberal arts at Wayne State University in Detroit, Michigan.

Her first husband, Jerry, served as a Colonel in the Army. Jerry also had a friend who was in the movie business. His friend got really excited about Sylvia and

JUMP TO PAGE FIVE TO READ MORE

EMPLOYEES OF THE MONTH



January

Shalini P., Med Tech

Shalini studied to be a medical assistant at the North Institute of Florida. Her husband, Neil, serves in the Navy, and because of it their family moved around a lot. They have four children, Nigel, Maya, Bella, and Leahla. Shalini loves being there for her family and enjoys cooking for them. She loves working at Renaissance Villages and thinks it's a great company because everyone is there for you when you need it. Shalini shares that it's like one big family.

February

Marina F., Caregiver

Marina gained a lot of experience in caregiving when she cared for her brother before he passed away and her parents when they were ill. She has strong faith as a Christian woman, and desires to give back to others the love the Lord gave her. She has a passion for caring for the elderly and looks at each resident like her own grandparents. Marina is dedicated to making residents and families feel at home, and is always there when they need her.



March

Claudia R., Server

Claudia is one of the wonderful servers in our Dining Room. She loves coming in each day to see her co-workers and the residents. Interacting with residents and getting to know them better brightens her day. She is currently going to school at Mt. San Jacinto College in Menifee. When she's not working she likes to relax, watch movies and play video games. Claudia loves the feel that Renaissance Villages offers to residents and staff, and shares that it's an environment that she wants to continue working in.

GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



Some of our Villa Lago residents at our Roaring 20's event.



Lumi showing off some Elvis memorabilia.



Villa Lago residents celebrating February birthdays!



Janet & Carol working on puzzles together.



Jim & Janet looking real cool at our Roaring 20's event.



Sharing beautiful smiles and dance moves at the Roaring 20's event.



Maria displaying her artwork.



Celebrating birthdays the way Jake loves.



Working on stretching our minds with these awesome and fun puzzles.



Chef Mariel creating a delicious treat at one of her food shows.



Celebrating St. Patrick's Day in Villa Lago.

BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. Only one color, but not one size, stuck at the bottom, yet easily flies. Present in sun, but not in rain, doing no harm, and feeling no pain. What is it?
2. I am a word of six; my first three letters refer to an automobile; my last three letters refer to a household animal; my first four letters is a fish; my whole is found in your room. What am I?
3. A man in a car saw a Golden Door, Silver Door and a Bronze Door. What door did he open first?
4. Until I am measured I am not known, Yet how you miss me when I have flown. What Am I?
5. I have a thousand needles but I do not sew. What am I?

1. A Shadow 2. A Carpet 3. The Car Door 4. Time 5. A Porcupine

SUDOKU

MEDIUM

	1	2						
		6	2			5		
3					4	7	2	
	8			6		2		9
2			8		9			4
6		1		4			8	
	4	8	1					6
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						8	1	

SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.

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SYLVIA CONTINUED

encouraged her to pursue acting and modeling. Sylvia did photographer modeling and also modeled as Mrs. National Key for a key cutting company. She did what jobs came to her, but was never really ambitious about it.

Her marriage and children were what mattered most to her. Sylvia and Jerry had two daughters together: Debbie and Linda. She shares that Linda was a very bright child and she would take her to summer camp each year. Debbie did well there earning various awards, and the camp loved having her there so they didn't charge Sylvia to have her come back.

Jerry and Sylvia were married for 18 years before he passed away. She later married another man named Ed. Ed fell in love with Sylvia and her family over dinner and they fell in love with him. Ed served in the Air Force, and during that time he also served as a Flying Tiger.

The Flying Tigers were the First American Volunteer Group, which were made up of pilots from the Marine Corps, Navy, and the United States Army Air Corps. These men flew aircrafts marked with Chinese colors, but flew under American control. They defended China, while dropping bombs on Japan and flew during combat after war was declared between the United States and Japan in World War II.

Sylvia and Ed shared four blissful years of marriage before Ed passed away. Reflecting on her time married to both Jerry and Ed, she shares that both of her marriages were wonderful. Sylvia has two grandchildren, and one great-grandchild that she gets to see quite often. She enjoys being a grandmother to them all. Sylvia likes doing anything and everything, and did so whenever she could.

In now living at Renaissance Villages, Sylvia shares that the accommodations are comfortable, and she thinks that all the residents are friendly and wonderful. She enjoys each opportunity she gets to share a meal with others in the Dining Room.

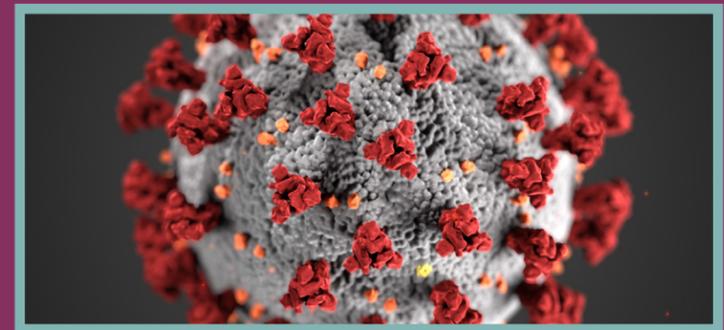
CORONAVIRUS (COVID-19) Update

Dear Residents and Family Members,

At Renaissance Village we are focused on ensuring the safety and wellbeing of all our residents, staff, and guests. Changes in recommendations from the Center for Disease Control (CDC), California Department of Public Health (CDPH), and California Department of Social Services (CDSS) are coming quickly and we are doing our best to keep our residents and their family members aware of changes as quickly as possible. We will continue to update families of changes by phone to help convey information as quickly as possible. You can also expect more in depth letters and e-mails to follow.

We are currently limiting visitation to the building to health care professionals and essential government authorities. Any individual entering the building will be assessed for signs and symptoms of COVID-19 and/or flu infection. Individuals who have traveled out of the country, or have come into contact with someone who has traveled out of the country, within the last 14 days will not be permitted to enter the building. Additionally, any individual who has come into contact with someone who has a confirmed diagnosis of COVID-19, or is under investigation for COVID-19, within the last 14 days will not be permitted to enter the building. We strongly encourage families to consider alternative forms of communication such as phone calls and video chatting services (FaceTime, Skype, etc.). We can assist in coordinating communication with residents whenever necessary.

Our activities program is changing. Resident outings to public gathering areas have been cancelled. At this time Renaissance Village is providing transportation for healthcare reasons only. CDPH has issued a recommendation that any gathering taking place within a senior care facility be limited to no more



Coronavirus (COVID-19)

than 10 persons present. Our dining hall has currently closed for meal time service. Staff will be reaching out to residents to place meal orders and meals will be delivered directly to residents' rooms. We will also be increasing the number of individual activities to attempt to keep gatherings to smaller numbers.

We strongly encourage all residents and family members to practice social distancing. Social distancing involves avoiding physical contact (when possible) and maintaining a distance of 6 feet between yourself and another person.

We strongly encourage all residents and family members to engage in good handwashing technique. The CDC recommends washing hands for at least 20 seconds with soap and hot water. If you need a timer hum or sing the happy birthday song twice from beginning to end. In addition to washing hands we encourage everyone to use hand sanitizer of at least 60% alcohol content. Proper hand hygiene practices should be followed at all times, but especially after going to the bathroom, before eating, before and after providing care to persons in care, and after blowing your nose, coughing, or sneezing. Always wash hands with soap and hot water if hands are visibly dirty.

As always, we encourage residents and family members to reach out to our team with any questions, comments, or concerns. Our team can be reached by phone at (951) 319-8243. Thank you for helping us to prevent the spread of COVID-19 in our community.

Best regards, Brian Taube, Executive Director



MURRIETA

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License# 331800083

SUDOKU

VERY HARD

9			5	3			7	
				2	6			9
						6	5	
		6		8				3
2	7	3				8	6	4
8				6		7		
	8	5						
7			6	1				
	1			5	2			6

**SOLVE THE PUZZLES? CHECK WITH
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SUDOKU

HARD

1			2	4			5	
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		4				8		
3				2	4			1
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	3			1	2			5

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