

Renaissance Lifestyle

WINTER 2020



Brian, Cindy, and Mariel at the Staff Holiday Party.

Employee of the Year: Cindy

Renaissance Villages lives by its mission of creating great days for its residents. We couldn't accomplish this mission without the amazing people who make up our team, and ultimately our Renaissance Villages Family. We appreciate the hard work each employee puts in every day and the care and love they show our residents.

Each year we select one special individual as our Employee of the Year. This employee is chosen for their outstanding performance, service, dedication and the hard work they put into upholding the Renaissance Lifestyle. Our 2019 Employee of the Year is Cindy Duarte Jerez, cook.

"We highly value Cindy's dedication to her job and our residents," Brian Taube, Executive Director said. "She's a great asset to Renaissance Villages, and we truly appreciate the care and love

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Executive Director's Corner

Dear Residents, Family, and Friends:

We're celebrating the 3rd anniversary of opening our doors at Renaissance Village Murrieta. Thank you to those founding Renaissance Villages Family members and thank you to all who have joined the family since then. We love getting to know each of you and look forward to continuing to grow as a family in the coming year.

Speaking of growing, I'd like to welcome all of our new residents and staff. Welcome to our new caregivers, Emmanuel E., Clare G., Bindu H., Ann L., Cheyenne M., Jessica M., Leslie M., Rebecca M., Shalini P., Donaldon V., and Nancy Z. We also welcome Elizabeth B., housekeeper and Skyler B., server.

I'd like to personally congratulate Cindy Duarte Jerez on winning Employee of the Year! She's a great employee and a valuable member of the team. Be sure to congratulate Cindy when you see her! This honor is well-deserved.

We've got some great events coming up. Be sure to check out our Save the Date section. You can always stop by Concierge to see what's going on each day!

Happy Winter! I hope to see you around the community.

Brian Taube, Executive Director



Resident Spotlight: Joe & Lise B.



Joe & Lise on their wedding day.

Joe and Lise B. did not meet until later on in their lives. Joe was born in Los Angeles, California. He lived there for most of his life and only left during his service in the Navy at the age of 17. He was the youngest of three serving during World War II. His older brother served in the Army and his sister served in the Marines. Joe enlisted in the Navy and was sure at the time that he was going to win the war all on his own. However, the whole experience caused him to grow up exponentially.

Joe served on the USS Improve (AM-247), a minesweeper in Europe and the Mediterranean. He served as a main engine engineer. Joe and his siblings made it home safely after the war. When he returned, he finished up high school and then went to college for four years after that. The GI Bill helped him get a better education. Afterward, he went into private enterprise and worked for Ford Garage as a line mechanic.

Joe worked 2-3 small jobs before working for the police department. His first wife didn't want him to be a policeman, so he chose to work in the engineering department in the motor transport division. He loved his job and worked shift during the day and night. They took excellent care of him and when he retired, they needed two people to fill his position.

Joe and his wife were married just shy of 50 years. She got sick, and the doctors were treating her for Lupus. Unfortunately, she had cancer, and

they discovered it too late. They told Joe there was nothing they could do for her. He consulted the City of Hope, but they told him the same. They instructed him to take her home and make her comfortable, and she passed away a week later. Losing her hurt, and Joe thought he would never marry again.

Joe and his wife had two children together, a boy, Christopher, and a girl, Celyn. When his son was born, they diagnosed him with Petit Mal Seizures. Christopher dealt with this until he was 18. The doctors said he was in good shape but instructed he never go into service because they didn't know how it would affect his brain. However, Christopher had a strong desire to fly. Joe lent him the money and he bought a Grumman Airplane. Christopher also worked as a police officer for the Los Angeles Police Department. Unfortunately, Christopher passed away from Pancreatic Cancer when he was 50 years old.

Celyn inherited her father's love of dogs and took that love even further by becoming a Cocker Spaniel breeder. She raises cocker spaniels and is the vice president of the Cocker Spaniel Association of California. Celyn lives in the area and she does all she can to help take care of her father when she can. She's always two steps ahead of him and he loves her dearly.

Lise's parents had four children. Three girls outnumbered the one son. They lived in Montreal and later moved to British Columbia right near Seattle, Washington. Her father was an engraver for the United States and his work transferred him there. Lise attended junior college in Canada before her father moved the family to the United States.

Lise worked in a lab dealing with film and print. When she later got married, she no longer needed to work. She stayed home and took care of her daughter, Laura, and son, Lawrence. Lise shares they were good kids. She sees the kids today and thinks they get away with a lot more. Her kids would try once and that was it. She shares that kids scream to get what they want, but she was firm with

her kids. Lise taught them to communicate their desires and feelings better. As a result, she believes they both turned into wonderful people.

In addition to taking care of the kids, Lise also enjoyed sewing. She made all of her daughter's dresses, skirts, and uniforms. Lise's daughter later became an occupational therapist and now works at Sharp Memorial Hospital in San Diego. Lise and her husband were married for 34 years before he passed away. She later became a citizen of the United States in 2002.

After both Joe and Lise's spouses passed away, they both found themselves volunteering at the food pantry in Murrieta, CA. They knew one another for two years, but only exchanged pleasantries. He belonged to the Knights of Columbus, and each year they hold a formal dinner dance. His buddies asked if he was going, but he wasn't interested in fifth wheeling and declined. However, his buddy coaxed him into asking Lise and she gladly accepted. They went to the dance and ended up having a great time. The two started dating and a

year later, he proposed to her in the middle of the food pantry in front of all their friends.

Joe and Lise got married in Murrieta, and celebrate over 17 years of marriage. They both had their own houses but ended up moving into Joe's because he had a lot of machinery and mechanical stuff from his days as a mechanic. He always wanted a 29 Model A Ford Pickup, and when he had the opportunity, he bought one. Working on cars was his hobby and passion. He still has his pickup. He doesn't drive it much, but he does carry a photo of it around in his pocket at all times.

Joe has four grandchildren and four great-grandchildren, most of whom live in the area. Both Lise and Joe enjoy going to the various fitness classes here at Renaissance Village Murrieta. Lise also enjoys playing bingo while Joe takes his afternoon naps. They also enjoy going to the events that feature live music. Joe shares that he likes it here because everything is taken care of and transportation is available when they need it.

EMPLOYEES OF THE MONTH



October

Lisa T., Concierge

Lisa loves hearing residents' stories. She enjoys helping them and staff each day. Lisa and her husband, Mike, celebrate over 30 years of marriage. They have two daughters, Paige and Shay. When Lisa isn't working, she loves to work with succulents, watch murder mysteries, and spend time with her parents. She enjoys helping make residents feel loved, cared for, and heard.



November

Lety A., Med Tech

Lety always strives to work hard and improve. She initially worked with kids, but after her father fell ill she took on the responsibility of caring for him. Lety enjoys caring for people and making them feel comfortable. She enjoys working with her co-workers and answering any questions they may have. Lety and her husband, Hector, celebrate 31 years of marriage and three children, Hector, David, and Cindy. When she's not working, she likes to relax and rest.



December

Marlenee M., Server

Marlenee loves the fast pace environment that serving offers. She enjoys interacting with residents, and shares they're all really funny and caring. Marlenee likes that all the employees get along and work as a team. She also enjoys the flexibility of her schedule. When she's not working, she likes to go shopping, work out, or hiking.

GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



Jim & Janet enjoying the visiting carolers.



Joy & Betty loving on this adorable little therapy pup.



Ella paying Santa Claus a visit at our Christmas Dinner.



Ron Hallock, Historian discussing Pearl Harbor with residents.



Bobbi celebrating her birthday in style.



Residents learning more about the art of sponge watercolor painting.



Sylvia with Santa Claus & his elf.



Stephanie sharing her 12 Days of Christmas gift.



Marsha spending a little time chatting with Santa Claus.



Villa Lago residents at our annual Christmas Dinner.



Harriet saying hello to this sweet therapy dog.

BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. What word begins and ends with an E but only has one letter?
2. First, I threw away the outside and cooked the inside. Then I ate the outside and threw away the inside. What did I eat?
3. What can be seen once in a minute, twice in a moment, and never in a thousand years?
4. What's full of holes but still holds water?
5. What belongs to you but other people use it more than you?

1. Envelope 2. Corn on the Cob 3. The letter M 4. A Sponge 5. Your name

SHARE THE LOVE WITH YOUR FRIENDS!

EARN \$1,000 WHEN YOU REFER A NEW RESIDENT!

ASK US HOW!

EMPLOYEE OF YEAR CONTINUED

she puts into the work she does each day.”

Cindy was totally surprised by this honor and didn't expect it at all. Cindy is a valuable member of the Renaissance Village Family. She's a hard worker, always on time, and completely reliable. Residents love her cooking and she always pushes herself to be better.

“Cindy is a team player and always offers a helping hand without being asked,” Mariel Correa, Director of Dining Services said. “Cindy also loves cleaning, we've dubbed her lovingly, our “cleaning

master.” She works hard to ensure the kitchen is clean, and likes being a part of our weekly deep clean.”

Fellow cook, Corrine, is proud of her “little sobrina Cindy.” Corrine shares, “I'm so happy to see my hard-working kitchen friend honored with this award.”

Cindy, thank you for the wonderful example you are in upholding the Renaissance Lifestyle. You are a valued member of the Renaissance Village Family and we truly appreciate everything you do to create great days for residents.

DOC TALK: Hand Washing to Fight Flu

by Dr. Kamran Qureshi, Medical Director, Hope Hospice & Healthcare

The single best way to prevent seasonal flu is to get vaccinated each year, but good health habits can help stop the spread of germs. The tips below will help you learn about steps you can take to protect yourself and others from flu and help stop the spread of germs.

1. Avoid close contact - Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

2. Stay home when you are sick - If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.

3. Cover your mouth and nose - Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick. Flu and other serious respiratory illnesses are spread by cough, sneezing, or unclean hands.

4. Clean your hands - Washing your



Getting vaccinated each year is a great way to prevent the seasonal flu.

hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

5. Avoid touching your eyes, nose or mouth - Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

6. Practice other good health habits- Clean and disinfect frequently touched surfaces, get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

SUDOKU

MEDIUM

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		9	2	1	6			5
5			8		4			
	6					4		
3	7			4			6	1
		2					5	
			9		7			3
7			3	8	5	2		
	3		4		1			

HARD

9		5			1			
4		3	9				5	
	8		7	5				
	5	1						3
8	4						7	6
6						1	8	
				9	6		1	
	9				3	8		7
			1			5		9

SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.

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RENAISSANCE
Village

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SAVE THE DATE!

Chinese New Year Happy Hour
Thursday, January 23 at 3 p.m.

Super Bowl Party
Sunday, February 2 at 3 p.m.

Renaissance's Roaring 20's Dance
February: Speak to Concierge for Date

Mardi Gras
Tuesday, February 25 at 3 p.m.

St. Patrick's Day
Tuesday, March 17 at 3 p.m.

**Call (951) 319-8243 or speak
to the concierge to learn more.**

OUR TEAM

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