

Renaissance Lifestyle

FALL 2019



Saddle Up & Join the Fun!

Don't miss our upcoming Country Hoedown on Friday, October 18 at 5:30 p.m. This event will feature delicious snacks, live entertainment, and plenty of line dancing. So mosey on over to Renaissance Village Murrieta and have a good ol'time with us. Contact Marjan Torabi, Fun Director for more details.

Executive Director's Corner

Dear Residents, Family, and Friends:

Fall is upon us, and we're looking forward to all the fun activities that this season brings.

I'm pleased to share that we've promoted Cristina Sahov from Memory Care Coordinator to Assistant Executive Director. We're looking forward to see her continue to thrive in this new position.



We want to welcome each of our new residents and employees to the Renaissance Villages Family. Please give a warm welcome to our new servers, Skyler B., Kelly C., Helen G., and Malea L. We'd also like to welcome our newest housekeeper, Anastasia E. Finally, we welcome all of our new caregivers, Brittney C., Isabel H., Makiala J., Losaline M., Alexia P., Dominique R., Tessa S., Sandra V., and Josephine Y.

Thank you to everyone for the support in raising funds for the 2019 Walk to End Alzheimer's! We hope to see you bright and early at Lake Skinner on Sunday, October 6, for the walk. You still have time to join our team!

Check the Save the Date section for dates and times for our upcoming Country Hoedown, Veteran's Day Celebration, Car Show, Thanksgiving Dinner, and Christmas Dinner. We hope you're as excited as we are to celebrate the holidays together!
Happy Fall! I hope to see you around the community.

Brian Taube, Executive Director



**Together, We Can
End Alzheimer's**

Join Team Renaissance Villages in the fight against Alzheimer's. We're participating in the Alzheimer's Association's 2019 Walk to End Alzheimer's on Sunday, October 6 at 7 a.m. at Lake Skinner Recreation Center. To join our team or make a donation, visit <http://bit.ly/TEAMRVTEMECULA19>. You can also visit the community to make a donation, or to find out more about participating.

Resident Spotlight: Michael G.



Michael G. during his Resident Spotlight Interview.

San Francisco, California holds much significance for Michael G. He was born, worked, and met his second wife in the city. However, he did not grow up there. Just around a year after his birth on February 13, 1945, his family decided to move. He is the youngest of three children. His older sister, Patty, and brother, Will, spent a lot of time together at the beach in Pacific Palisades and Pacific Ocean Park.

Mike remembers his parents as very loving with a great work ethic. They set a lot of good boundaries that he shares helped him later in life. He remembers going on trips with his family. They went to visit their family in Arkansas. Mike also recalls a trip to Hawaii that took 11 hours on a propellered plan.

At age 14, Mike worked as a box boy for Hughes Market. He later went on to manage a golf range near Westwood, California when he was 19. Mike enjoyed engaging with the people and it also gave him the opportunity to meet celebrities like Jack Lemmon.

His father was the west coast manager for Kraft Foods and business interested Mike greatly. Mike attended the University of Southern California and graduated with a

Bachelor of Science in Business in 1967.

Mike was drafted and was fortunate to list into a reserve unit. He was in the Army Reserve for four years and left as an E-4. Once he left, Mike was able to return to his previous job as a salesman for armored transport and car services in Los Angeles. They later promoted him to the manager of the company's courier division in San Francisco.

Mike worked that job for three years before splitting from the company and starting his own business. His business, California Couriers, was a statewide courier service for banks, savings & loans, title companies, and department stores. The company took up a lot of his time and in 1992 he decided to sell the company at its peak value.

Mike met his second wife, Jennifer, a year before he sold the business. They married and raised his daughter, Kim, and son, Christopher, with her three sons, Mike, Weston, and Reed together. After selling the business, Mike did not work for three years.

He raised the kids and took each opportunity he could to make it to every sporting event or school function. They also made it a point to have dinner every night together. Mike enjoyed spending time with the kids. They took trips to Hawaii and he also taught his stepsons to ski. Later on, during the late 1990s, Mike returned to work and started another courier business in Los Angeles.

Mike and Jennifer did a great deal of traveling together. He shares that Jennifer was a great wife, mother, and traveling companion. They learned how to scuba

dive and explored Tahiti and the Great Barrier Reef. Their trip to Tahiti was his favorite. In addition to scuba diving, he also had the opportunity to feed 6ft blacktip sharks. These trips allowed Mike to do the thing he loves to do most, which is being active.

After 27 years of marriage, his wife, Jennifer, passed away last January. At the same time, he also lost one of his legs to infection. However, he doesn't let it stop him from remaining as active as he can be. Mike enjoys participating in the exercise classes at Renaissance Village Murrieta. He shares that the staff here is very nice and that he enjoys the food in the Dining Room. Mike also shared that he thinks that what the community has to offer is high-quality and recommends it to anyone who needs this type of assistance.

VETERAN'S DAY CELEBRATION

MONDAY, NOVEMBER 11
AT 12 P.M.

JOIN US IN HONORING THE
BRAVE MEN & WOMEN WHO
RISKED THEIR LIVES TO
PROTECT OUR FREEDOM.

★ SPECIAL PRESENTATIONS

★ LUNCH

★ FLYOVER AT 1:30 P.M.

EMPLOYEES OF THE MONTH



July

Linda S., Caregiver

Linda worked in financial services, but that changed when her mother became ill. She helped with her care and treatment. Linda later began working as a caregiver and realized she should've been doing it all along. She enjoys working with memory care residents and finds this care more fulfilling. She's been married to her husband, Michael, for ten years and she also has three sons and three step-daughters. Linda enjoys spending time with her family.



August

Shanel W., Server

Shanel was looking into volunteering at Renaissance Villages but ended up applying for a server position. She loves this opportunity because she gets to interact with residents, and hear the stories, tips, and tricks. She lived most of her life in Iowa with her husband, Al, and their kids, Farisa, Nathan, and Kaylee. Shanel, Al, and Kaylee moved to California after her parents decided to retire here. When she's not working she enjoys traveling, reading, and entertaining others in her home.



September

Ayra V., Housekeeper

Ayra came to the United States from Mexico over 15 years ago for a better life. She previously worked for ABM and has a lot of experience in janitorial services. Ayra shares that she's happy working at Renaissance Villages, and enjoys the atmosphere. She loves working in housekeeping and appreciates her co-workers' teamwork. Ayra and her husband, Sabas, have been married for 14 years. She has two children, Denise and Arvin, and she and Sabas have a 12-year-old named, Camilla.

GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



Stephanie got her hula on at our annual Luau!



Mildred and her palm frond artwork.



Mariann, Cristina, and Maria with this amazing fruit spread!



Norman & the knight at Annie's Cafe.



Nancy and her furry new friend.



Resident & families enjoyed watching the various dances of the Islands at our Luau!



Residents LOVE pet therapy. We do too!



Happy Grandparents Day, everyone!



Bobbi & her husband, Carlos, at the annual Luau.



Residents learning a new watercolor & sponge painting technique.



Linda quizzing Carol and Karyl with her trivia.

BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. Lighter than what I am made of, More of me is hidden than is seen. What am I?
2. Where is there is no south, west, nor east, and weather not fit for man?
3. What has hands but cannot clap?
4. What has a head and a tail, but no body?
5. What kind of room has no doors or windows?
6. What gets broken without being held?

1. An iceberg 2. The South Pole 3. A Clock 4. A Coin 5. A Mushroom 6. A Promise

YOUR FRIENDS WILL FALL FOR US!

EARN \$1,000 WHEN YOU REFER A NEW RESIDENT!

ASK US HOW!



Residents and families can rest easy knowing their loved ones will be taken care of Renaissance Villages.

Assisted Living Levels of Care at Renaissance Village Murrieta

Your parents cared for you all your life, and as they age, caring for them can become your concern. Caring for senior parents is a concern shared by many adult children. Especially when the care becomes beyond what they can take on. Assisted living care allows adult children to rest easy knowing their parents are in good hands. While seeking out assisted living, it's critical to choose somewhere that can take care of your loved one's assisted living levels of care.

they are a good fit for the community. The assessment considers how much assistance they need with completing their activities of daily living. The resident's levels of care can change, and communities often provide ongoing assessments to address this.

In addition to the options above, some assisted living communities offer their care services a la carte. The a la carte pricing means the community prices their assistance by the task.

Assisted Living at Renaissance Villages

Renaissance Villages' mission of creating great days for residents is present in every aspect of its senior living communities. As a luxury senior living community, Renaissance Villages works closely with residents and their families to ensure we meet each resident's needs. Before move-in, we assess the resident and create a customized care plan that addresses their specific needs. We also reassess residents' care plans ongoing to provide them with the best care possible.

Have more questions about assisted living levels of care? Call today to learn more or to schedule a tour of our community.

SUDOKU

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HARD

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		5	4				6	
6	4			2			5	
3				8				
		2	3		6	1		

SOLVE THE PUZZLES? CHECK WITH CONCIERGE FOR THE SOLUTIONS.

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RENAISSANCE
Village

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SAVE THE DATE!

Walk to End Alzheimer's
October 6 at 7 a.m.

Country Hoedown
October 18 at 5:30 p.m.

Halloween Happy Hour
October 31 at 3 p.m.

Veteran's Day Celebration
November 11 at 12 p.m.

Car Show
November 12 at 10 a.m.

Thanksgiving Dinner
November 23 at 4 p.m.

Christmas Dinner
December 14 at 3 p.m.

*Call (951) 319-8243 or speak
to the concierge to learn more.*

OUR TEAM

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