

Renaissance Lifestyle

SUMMER 2018



Aloha August - Annual Luau

We're celebrating the summer with our annual Luau! Join us Thursday, August 2 at 5 p.m. for an evening filled with delicious appetizers, fun raffle prizes, hula dancers, and a fire dancer! This is one event you do not want to miss! Call the community to RSVP and secure your spot for this great evening! (951) 379-0100

Executive Director's Corner

Dear Residents, Family and Friends:

Summer is upon us and things are really heating up. Just wanted to stress the importance of staying hydrated. Make sure you're getting in eight glasses of water each day.



We'd like to welcome our newest employees to the Renaissance Family. Welcome to the team, Asterea Escobar and Maria Quezada, Caregivers, and Omar Perez, Cook. We're happy to have you with us.

Who will join us in the fight against Alzheimer's this year? Join our team for the 2018 Walk to End Alzheimer's on Saturday, September 22 at 9 a.m. at the Martha McLean - Anza Narrows Park. You can join our team at <http://bit.ly/TEAMRVRIVERSIDE18>

You can also help support our fight by attending our annual Luau on August 2 from 5 - 7 p.m. We'll be selling raffle tickets for a variety of fabulous prizes. There will be great food and amazing hula and fire dancers. Call today to secure your spot.

Happy Summer and have a great month!
Judith Pierfax, Regional Executive Director



Together, We Can End Alzheimer's

Join Team Renaissance Villages in the fight against Alzheimer's. We're participating in the Alzheimer's Associations 2018 Walk to End Alzheimer's on Saturday, September 22 at 9 a.m. at Martha McLean - Anza Narrows Park. To join our team or make a donation, visit <http://bit.ly/TEAMRVRIVERSIDE18> You can also support our team by purchasing raffle tickets at our Luau on August 2. See above for more details.

Resident Spotlight: Yolanda S.



Al during his Resident Spotlight Interview.

Yolanda S. was born in Tampico of Tamaulipas, Mexico, a beautiful port city near the Gulf of Mexico. However, the city is no longer what she remembers as the Cartels have made it one of the most dangerous cities in Mexico. It's been over 40 years since she was there.

Yolanda remembers spending time at the beach and camping with her brother and sister. Her father is of Spaniard descent and her mother was born in Laredo, Texas of Irish descent. Both of her grandfathers had red-haired and blue-eyed, and Yolanda inherited their red hair. She was the youngest of the family and enjoyed being the baby.

Yolanda's parents were very loving and kind. Her father was a chemist and her mother upheld the home as a housewife. She attended El Verbo Encarnado Catholic School. Every year they would come to Laredo, Texas to buy clothing and go to the local soda fountain for hamburgers and ice cream.

When Yolanda was 20 years old her mother put her on a plane to Seattle to visit her sister. While there she befriended a woman in her sister's building whose husband was a sergeant in the United States Army.

The woman invited her to a dance on base at Fort Lewis. It was here she met her future husband, Vernon. The two dated during her visit, and later when



Yolanda and husband, Vernon.

Vernon discharged as a corporal he followed her to Mexico. Yolanda and Vernon married and moved to Wisconsin where Vernon was originally from.

Vernon returned to a job he held before he entered the service. They lived in Wisconsin for six months, but it was so cold for Yolanda who grew up in the tropics. They moved to Cleveland, Ohio as Vernon said it would be warmer. Yolanda shares it wasn't any warmer, and Vernon decided to return to university. Yolanda and Vernon lived in Cleveland for 15 years before they made the move to Michigan. After three years in Michigan, they moved to California.

Together they have four children, three boys and one girl. They named the eldest boy, Vernon after his father; then it's Andrew, Linda, and Chuck (Carlos). Yolanda shared that raising the four of them was an absolute circus that she completely enjoyed.

She says that every day was a good time raising these bright and funny children. Her biggest take away as their mother is you need a lot of patience because motherhood is the hardest job you can get. All four children have become successful in their respective careers. Vernon is a chemist, Andrew is a dentist, Linda is a teacher, and Chuck is a computer software developer.

When her husband, Vernon discharged from the Army he applied for insurance but was later denied because he had an enlarged heart. He had unknowingly contracted Rheumatic fever as a child, and it had gone undiagnosed as a child and even during his time in the service. The doctors shared the condition was serious, and he later passed away at the age of 48 after



Yolanda and her sons and daughter.

CONTINUED ON PAGE 3

YOLANDA CONTINUED FROM PAGE 2

26 years of marriage.

When he passed away Yolanda had to figure out how to make ends meet. This was terrifying for Yolanda, but she's a woman of faith and she knew He was with her through it all. She only had a high school education so she pursued real estate classes at a community college in Riverside. She wanted to learn beyond what you need to know to get your license. At the time, her eldest sons were attending UCLA, her daughter went to Irvine, and she and Chuck lived together.

She travelled throughout the United States, and after her husband passed she went to Italy. It was her goal to see the Vatican. She also went to Hawaii, St. Croix, and the Virgin Islands. She married another man briefly, and they enjoyed going on cruises together. However, they were only married for seven years before he passed away.

In her spare time, Yolanda enjoys playing Black Jack and reading crime and mystery novels. In fact one of her grandchildren, Ryan wrote a book

called The Emperor of Vegas. Yolanda is a great-grandmother, which she enjoys because you can visit, enjoy them, and then say goodbye. She loves getting to enjoy her time with them and not having the responsibility of discipline. All of her grandchildren are also successful, holding positions as firemen, lawyers, dietitian, finances, and other occupations.

What Yolanda enjoys most about living at Renaissance Village is she doesn't have to do anything, and we take care of everything she needs. She'd encourage anyone to come live at Renaissance Village because there's so much to do, you can enjoy good dinners and conversations with your neighbors. She says "it's time to close the store and enjoy your life."



Yolanda and her grandchildren.

EMPLOYEES OF THE MONTH



April

Jessica Alvarez, Concierge

Jessica loves getting to know what each resident was like when they were younger. She also really enjoys their jokes. Her friendships with residents have also inspired her to pursue social work for the elderly in her studies.



May

Kenbert Joseph, Caregiver

Kenbert loves working with our residents. His favorite part of caring for residents is hearing their great stories, especially when they make him laugh.



June

Sophia Reyes, Concierge

The best part of Sophia's job is getting to know the residents. She also shares that her co-workers are really great and easy to work with.

GREAT DAYS AWAIT AT RENAISSANCE VILLAGE!



Enjoying our Bingo Outing to OLV Church in Hemet.



The Easter Bunny made a special visit for our Easter Brunch.



Picnic lunches at the park are a great way to spend an afternoon.



We love socializing during Happy Hour each Friday.



Pam found this beautiful umbrella in Oak Glen.



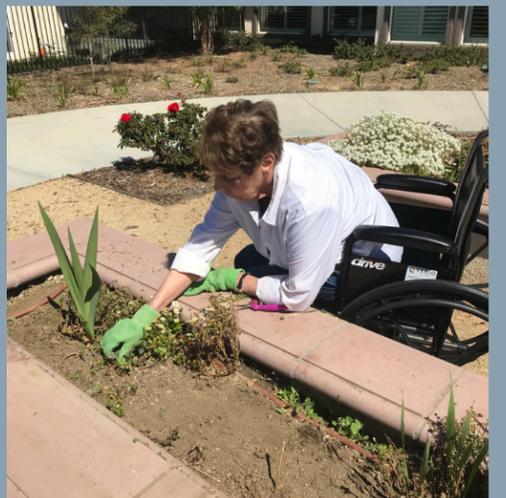
We had a wonderful time watching the Cast Players perform the Murder at the Brothel.



Joe enjoying a nutritious and delicious breakfast.



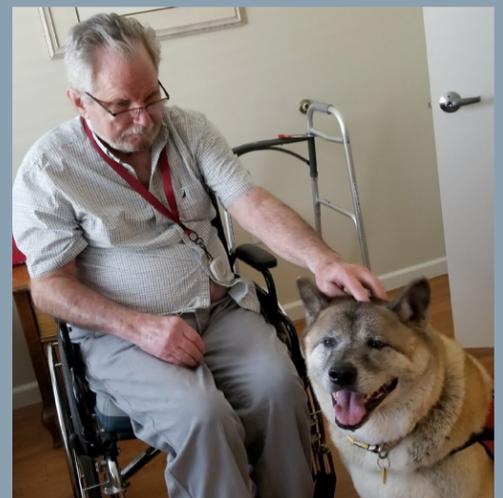
Who doesn't love a good game of chair volleyball? Especially with beach balls!



Sunshine & tending the garden. Gorgeous day!



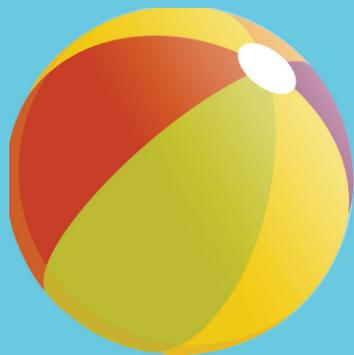
We had a wonderful time playing the different games at Guys Casino Night Out!



We love when Mishie, the therapy dog, visits.



Playing Roulette at our Guys Casino Night Out - Father's Day Event.



HAVE A BALL THIS SUMMER!

Ask about how you can earn a check for \$1,000 when you refer a new resident.

BRAIN TEASERS

Are you great at puzzles? Give these riddles a try!

1. If you have me, you want to share me. If you share me, you don't have me. What am I?
2. Turn me on my side and I am everything. Cut me in half and I am nothing. What am I?
3. What starts with the letter "t", is filled with "t" and ends in "t"?
4. How many months have 28 days?
5. What can run but can't walk?
6. Beth's mother has three daughters. One is called Lara, the other one is Sara. What is the name of the third daughter?
7. How do dog catchers get paid?

1. A Secret 2. The Number Eight 3. A Teapot 4. All 12 Months 5. A drop of water 6. Beth 7. By the Pound



We are here to support you in your senior living search.

Assisted Living Costs

How much does Assisted Living cost? This is one of the most common questions asked by families when seeking senior living for their loved ones. Cost plays a prevalent role when choosing a community.

However, when considering cost, it's important to see how the community stacks up against what you're currently paying and what's included. Often, when it comes to senior living communities, their pricing is all-encompassing. Compare your costs with Renaissance Villages' affordability calculator on our website.

Coming up with the funds for assisted living may seem overwhelming. However, all of your funds do not have to come from the same place. There are several options for seniors and families when it comes to paying for assisted living. Below, we've compiled a comprehensive list of the various options.

Private pay is another term for out-of-pocket. The senior or family pay directly to the community to cover the costs of assisted living. You can also cash in your 401k plans or IRAs to cover the costs.

Aid & Attendance Veteran's Benefits support veterans and their spouses by helping cut the cost of senior care. This benefit is available to wartime veterans and/ or their surviving spouses, aged 65 or older or permanently disabled. In order to qualify, the veteran must have served at least 90 continuous days of duty with at least one of those days taking place during war time. Additionally, the veteran must have received an honorable, general, or medical discharge. Applicant's assets, excluding their home and vehicles, must also be less than \$80k on average. Give us a call

or visit the U.S. Department of Veterans Affairs for more information about applying.

Planning ahead for potential health care needs as you age is an important part of financial planning. For those in their mid-50s to mid-60s, **Long-Term Care Insurance** is a great investment. This insurance plan helps cover the cost of long-term care by lessening the burden. The insurance can cover the cost of assisted living, nursing home care, adult daycare, respite care, hospice care, homemaker services and home health aide. To determine what you qualify for, contact your long-term care insurance provider.

Bridge loans are short-term loan that help bridge the gap in the transition between selling your home and moving into assisted living. The loan is on a temporary basis, generally for six months to a year, and helps in situations where families don't have time to wait on their house selling before moving to assisted living or waiting for their VA Benefits to kick in. Bridge loans have a quick turn-around and sometimes you may not need collateral to qualify for a bridge loan.

Medi-Cal is California's Medical Assistance Program that serves low-income people. Medi-Cal does not normally cover assisted living costs. However, you may be eligible to apply and receive an Assisted Living Waiver to use at approved communities. Medi-Cal does not cover assisted living at Renaissance Villages.

Medicare is a federal health insurance program for men and women who are 65 or older. This payment does not cover assisted living facilities; however, it may cover healthcare costs by certain qualified facilities. However, more often than not, Medicare does not cover assisted living. As such, Medicare does not cover Assisted Living at Renaissance Villages.

Did you know that your care is tax-deductible? Speak to your tax advisor to learn more about the **tax benefits** in paying for care for yourself or a loved one.

Want to learn more about assisted living at Renaissance Villages? Call today to schedule a tour to embrace the Renaissance Lifestyle for yourself.

Interesting FACTS

Did you know watermelon is part of the squash, pumpkin, and cucumber families, and is made up of 92% water?

Did you know the world's tallest ice cream cone was over 9 ft tall and was scooped in Italy?

Did you know that the breaststroke is the world's oldest swim stroke?

Did you know the first bathing suit for women was created in the 1800s? It consisted of long sleeved woolen bloomers.

Did you know that heat in the summer causes the Eiffel Tower to grow in the summer? The structure's iron frame expands and grows more than six inches in the heat.


RENAISSANCE
Village

RANCHO BELAGO
27900 Brodiaea Ave.
Moreno Valley, CA 92555



Tel: (951) 379-0100
Fax: (951) 379-0299
www.RenaissanceVillages.com
License# 336426464

SAVE THE DATE!

4th of July Barbecue
July 4 at 12 p.m.

Healthy Bone Series
July 13 & 27 at 10 a.m.

Car Show
July 14 at 9 a.m. - 12 p.m.

Luau
August 2 at 5 - 7 p.m.

Family Education Series
August 15 & September 19 at 11 a.m.

Labor Day Barbecue
September 3 at 12 p.m.

Spaghetti Dinner & Bingo Night
September 8 at 4:30 p.m.

Walk to End Alzheimer's
Martha Mclean - Anza Narrows Park
September 22 at 9 a.m.

**Call (951) 319-8243 or
speak to the concierge to learn more.**

OUR TEAM

Regional Executive Director
Judith Pierfax, LVN
jpierfax@rvseniorliving.com

Assistant Executive Director
LaTonya Davis, LVN
ldavis@rvseniorliving.com

Wellness Director
Silvia Alva, LVN
salva@rvseniorliving.com

Memory Care Coordinator
Anita Kerschen
akerschen@rvseniorliving.com

Director of Community Relations
Michael Turner
mturner@rvseniorliving.com

Community Relations
Ruthie Daniel
rdaniel@rvseniorliving.com

Dining Director
Arlene Herrera
aherrera@rvseniorliving.com

Fun Director
Smyrna Escareno
sescareno@rvseniorliving.com

Business Office Manager
Diana Gonzalez
dgonzalez@rvseniorliving.com

Maintenance Director
Joe Chavez
jchavez@rvseniorliving.com

Housekeeping Supervisor
Maria Zapata
mzapata@rvseniorliving.com